



# **Challenges in Neonatal Care in High-, Middle- and Low-Income Settings**

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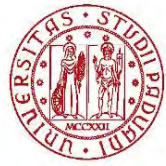
# CONFLICTS OF INTEREST

- None

# SUSTAINABLE DEVELOPMENT GOALS



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United  
Nations

The 2030 Agenda for  
Sustainable Development,  
adopted by all United Nations Member States  
(New York, Sept. 2015)

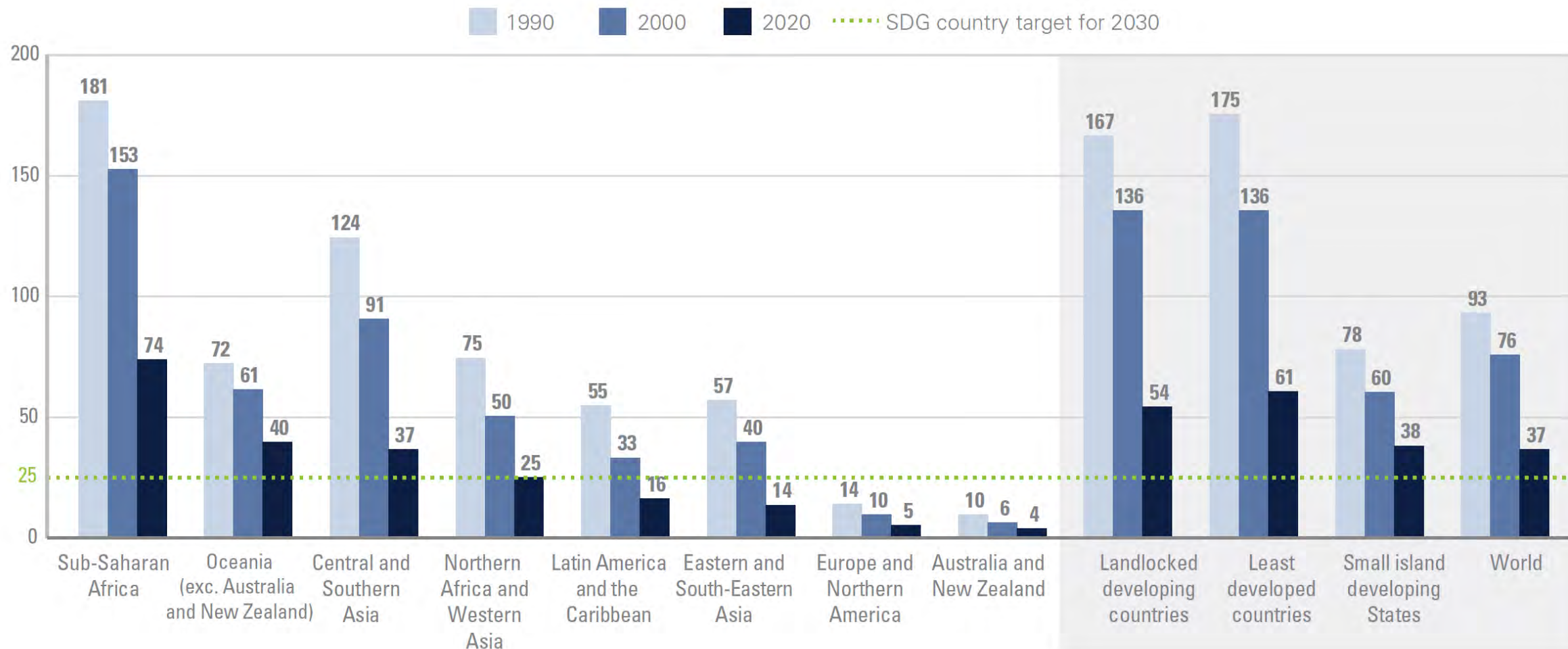
**17 Sustainable Development Goals (SDGs)**

**FIGURE 3** Under-five mortality rate (deaths per 1,000 live births) by Sustainable Development Goal region, 1990, 2000 and 2020

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Note: All figures are based on unrounded numbers.

Unicef, Levels and Trends in Child Mortality, Report 2021

**FIGURE 4** Projected year to achieve the SDG target in neonatal mortality and under-five mortality if current trends continue in the countries that have not achieved the SDG targets

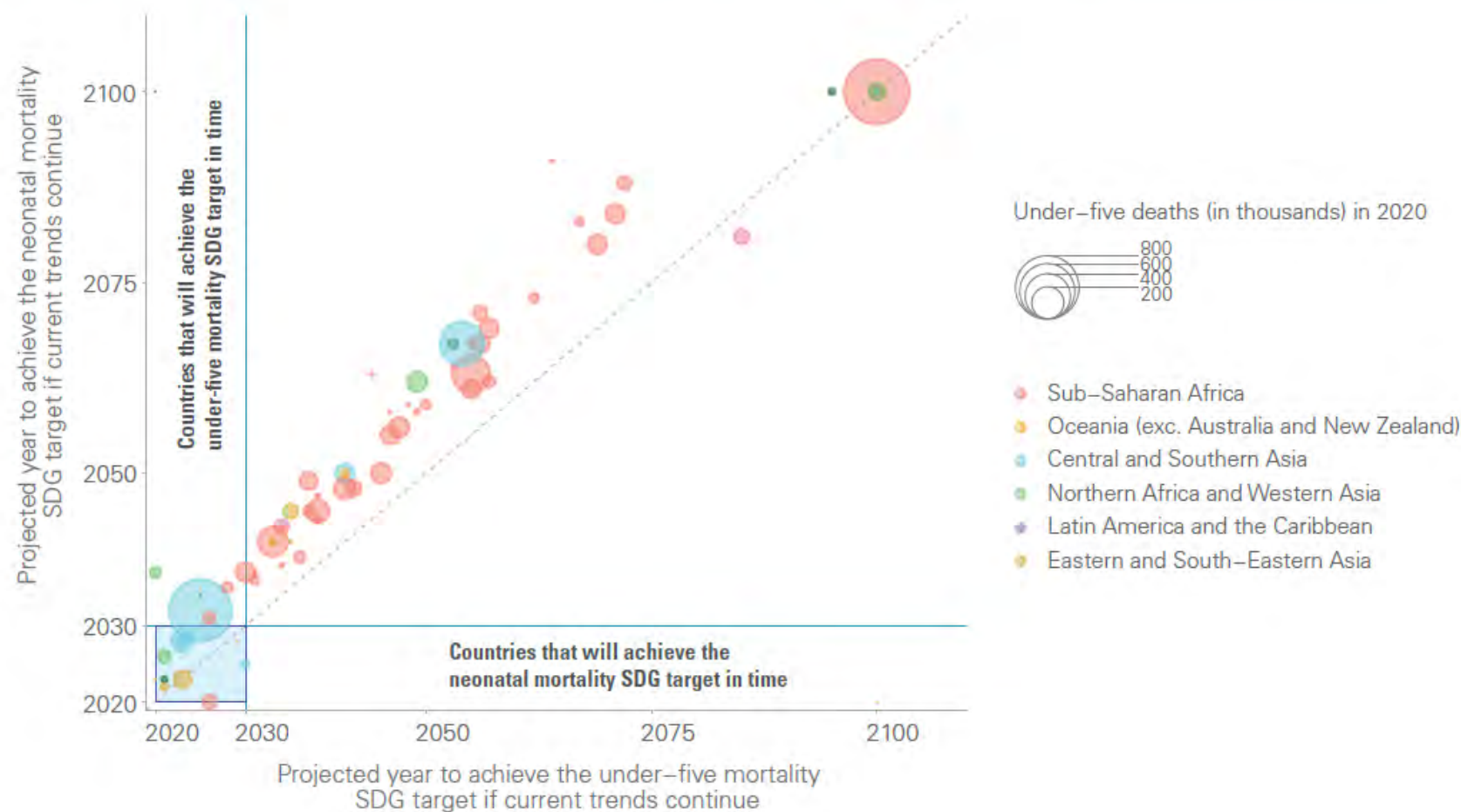
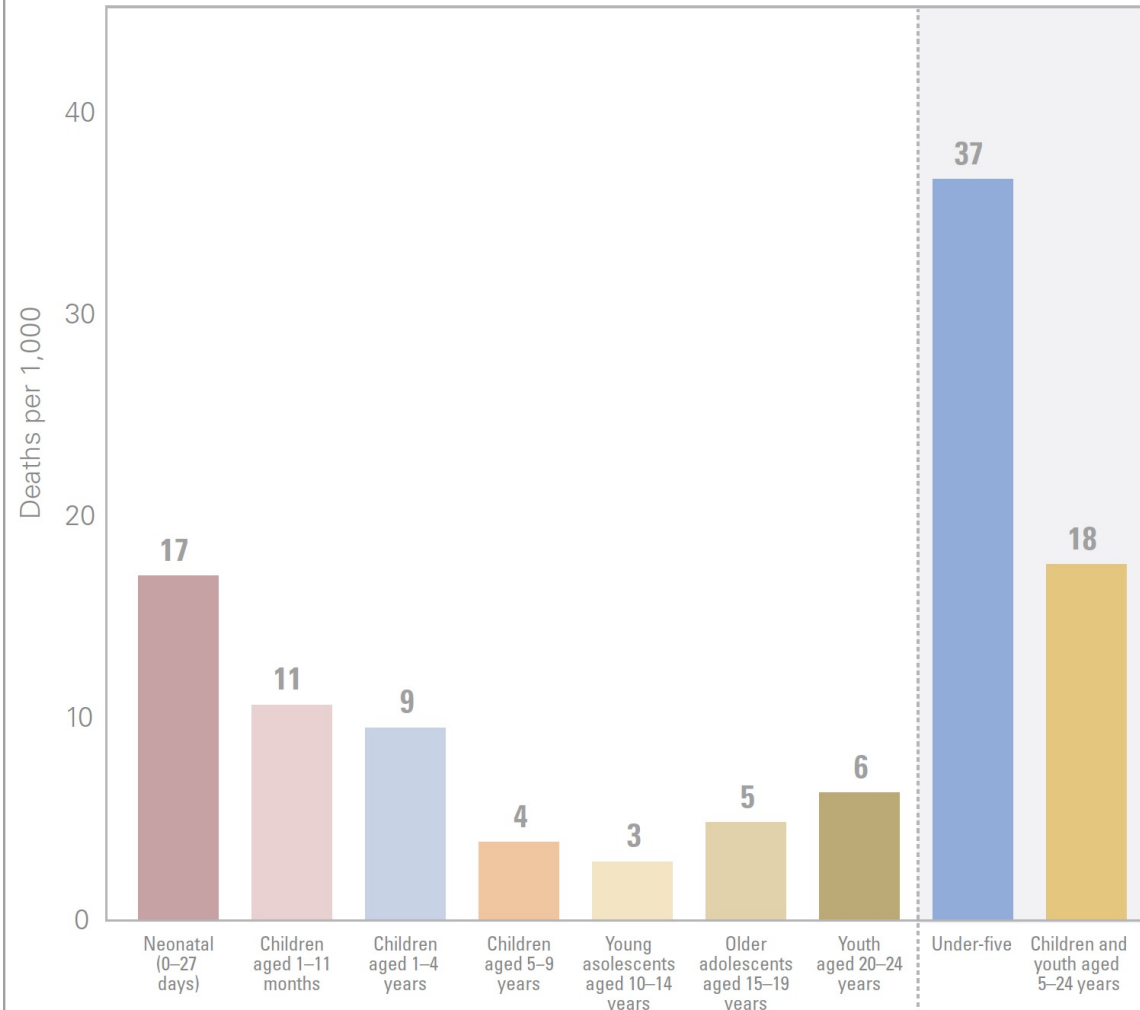


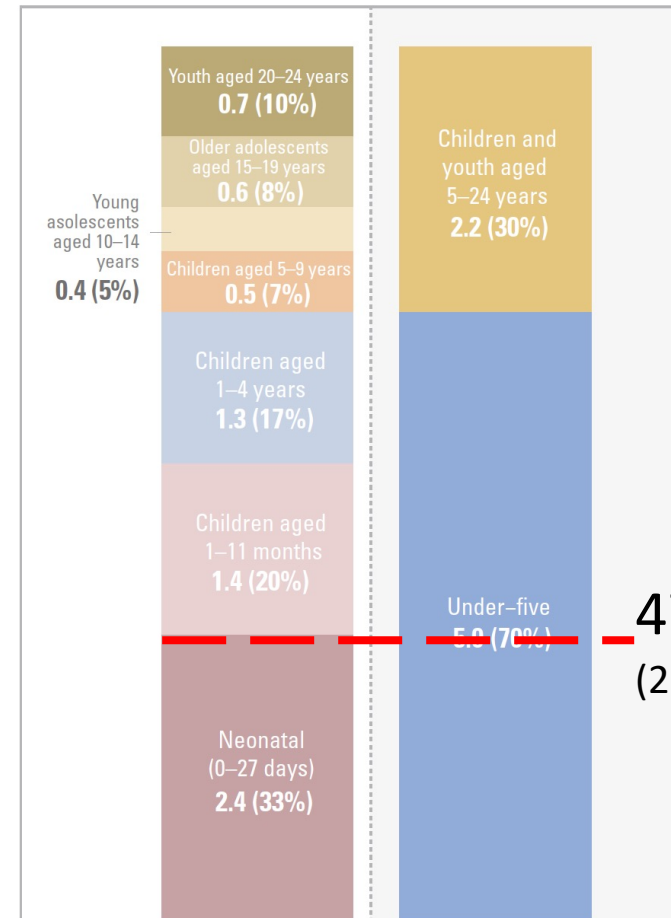
FIGURE  
2

## Global mortality rates and number of deaths by age, 2020

### Mortality rates



### Number of deaths (in millions and percentage share)



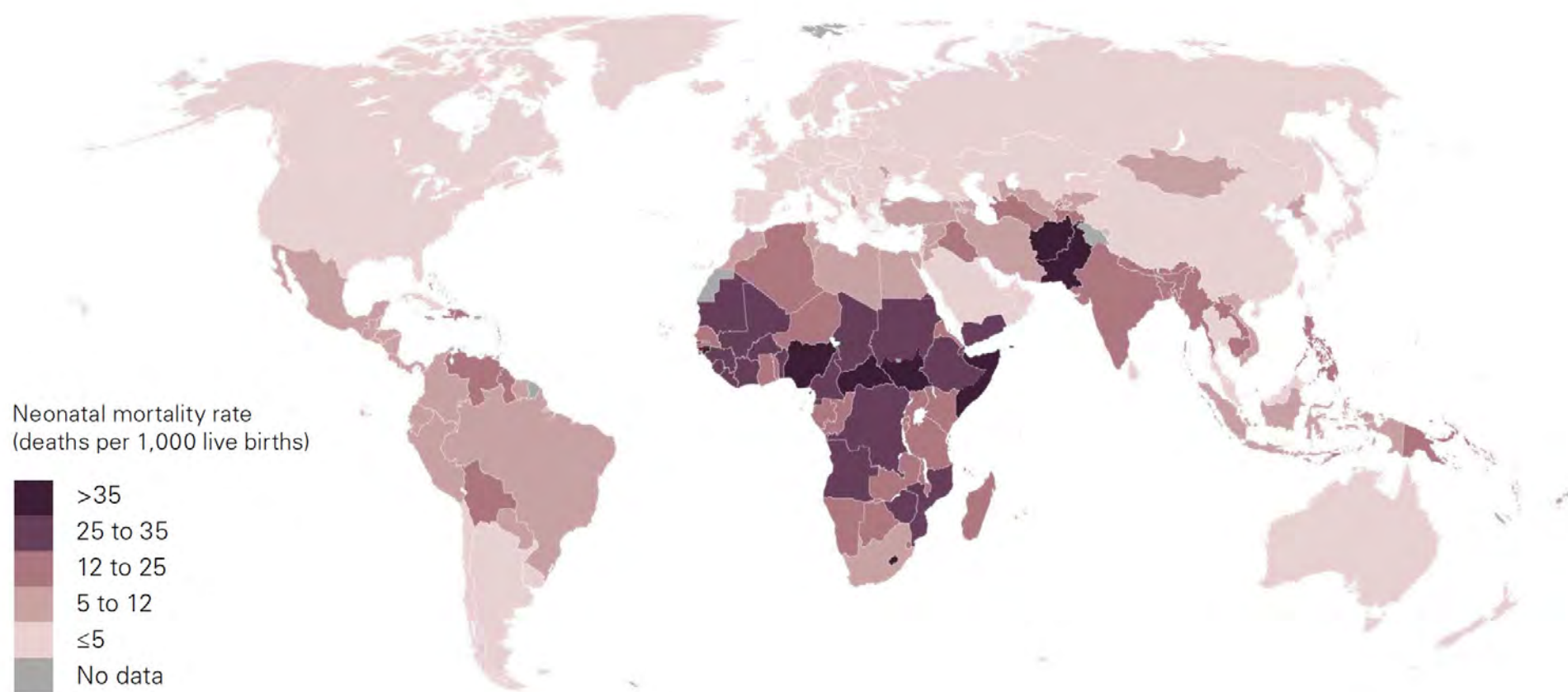
**47%**  
(2.4 million neonatal deaths/year)

Note: All figures are based on unrounded numbers.

Unicef, Levels and Trends in Child Mortality, Report 2021

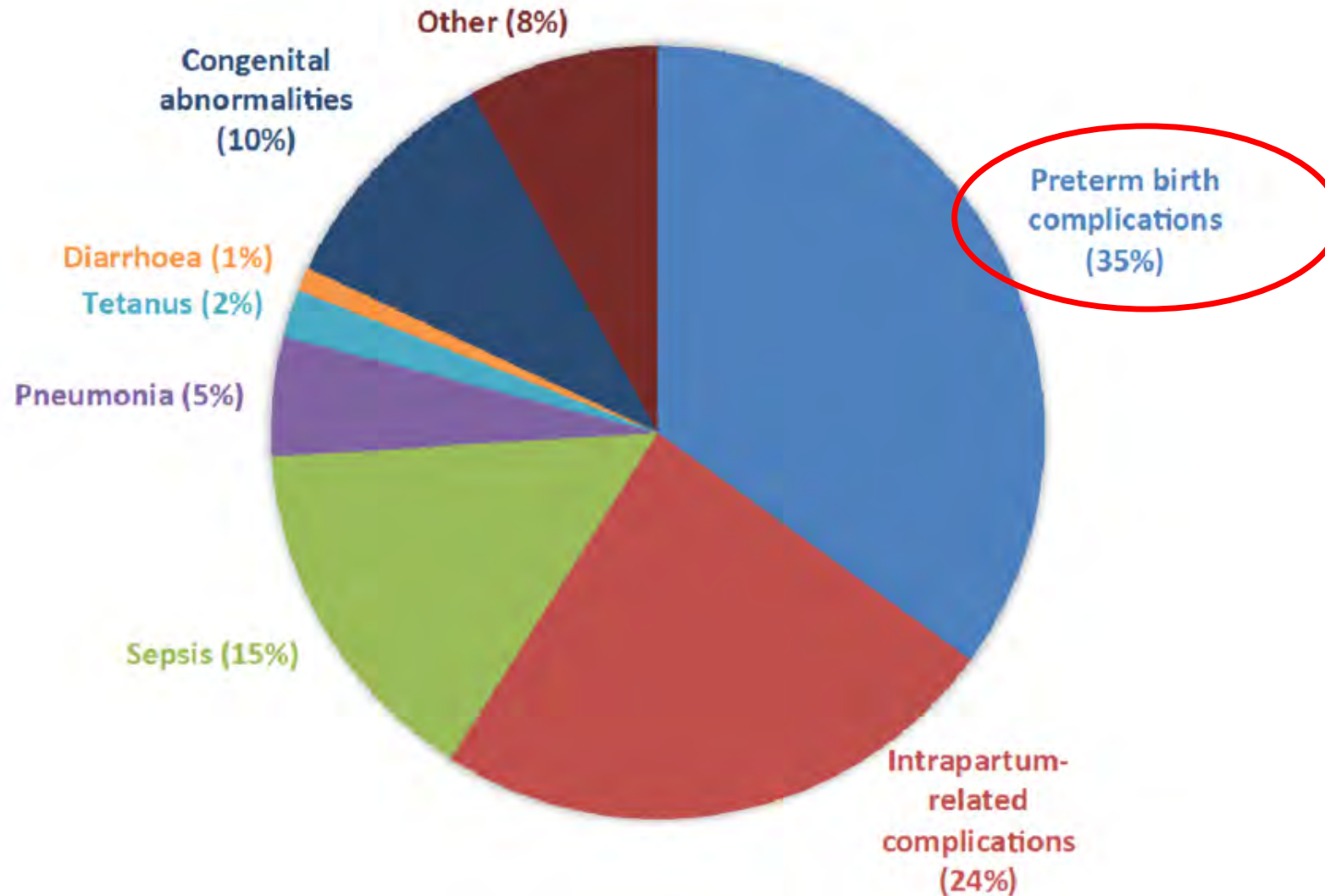
MAP  
4

## Neonatal mortality rate (deaths per 1,000 live births) by country, 2020



Note: This map does not reflect a position by UN IGME agencies on the legal status of any country or territory or the delimitation of any frontiers.

# Causes of neonatal mortality



# World Prematurity Day 17 November



1 baby in 10 is born premature. Worldwide.

powered by

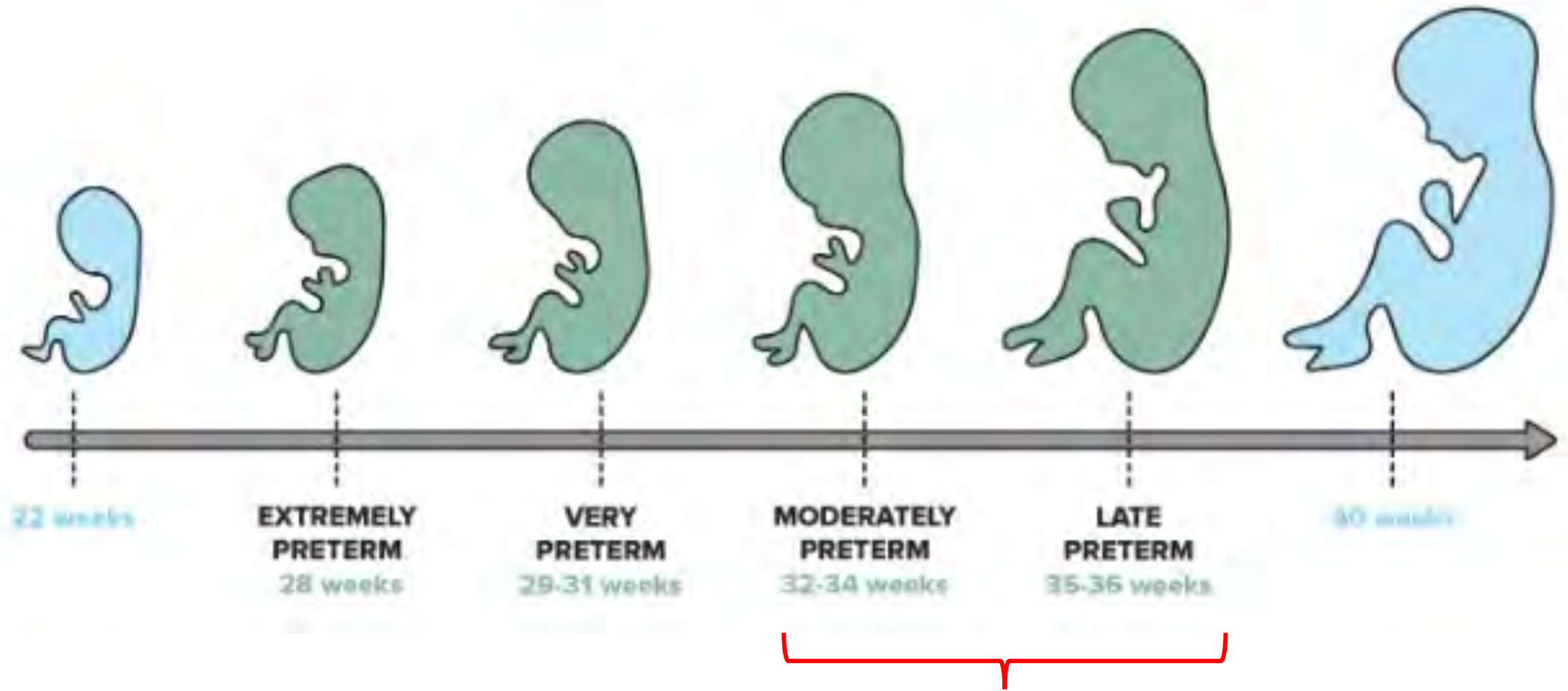
EFGNI

|                                 | Estimated preterm birth rate* (% , UI) | UNDP estimated number of livebirths | Proportion of global livebirths (%) | Estimated number of preterm births (n, UI) | Proportion of global preterm births (%) |
|---------------------------------|----------------------------------------|-------------------------------------|-------------------------------------|--------------------------------------------|-----------------------------------------|
| Asia                            | 10.4% (8.7–11.9)                       | 75 441 991                          | 53.9%                               | 7 847 643 (6 579 297–8 987 184)            | 52.9%                                   |
| Europe                          | 8.7% (6.3–13.3)                        | 7 927 034                           | 5.7%                                | 690 931 (497 738–1 051 737)                | 4.7%                                    |
| Latin America and the Caribbean | 9.8% (8.6–11.3)                        | 10 814 139                          | 7.7%                                | 1 062 800 (931 611–1 220 105)              | 7.2%                                    |
| North America                   | 11.2% (9.5–13.2)                       | 4 394 185                           | 3.1%                                | 491 297 (416 479–578 367)                  | 3.3%                                    |
| North Africa                    | 13.4% (6.3–30.9)                       | 5 771 560                           | 4.1%                                | 773 687 (365 845–1 782 375)                | 5.2%                                    |
| Oceania                         | 10.0% (7.9–12.7)                       | 643 749                             | 0.5%                                | 64 227 (50 706–81 961)                     | 0.4%                                    |
| Sub-Saharan Africa              | 12.0% (8.6–16.7)                       | 34 953 292                          | 25.0%                               | 4 182 440 (2 994 834–5 838 104)            | 28.2%                                   |
| Global                          | 10.6% (9.0–12.0)                       | 139 945 950                         | 100.0%                              | 14 835 606 (12 654 938–16 728 926)         | 100.0%                                  |

Regions are based on the United Nations Standard Country or Area Codes for Statistical Use (M49) major regional groups. UI=uncertainty interval. UNDP=United Nations Development Programme. \*Preterm births per 100 livebirths.

**Table 2: Estimated preterm birth rates and numbers of preterm births in 2014**

# Types of prematurity



85%



Gestational age: 22<sub>+0</sub> weeks; Birth weight: 391 g



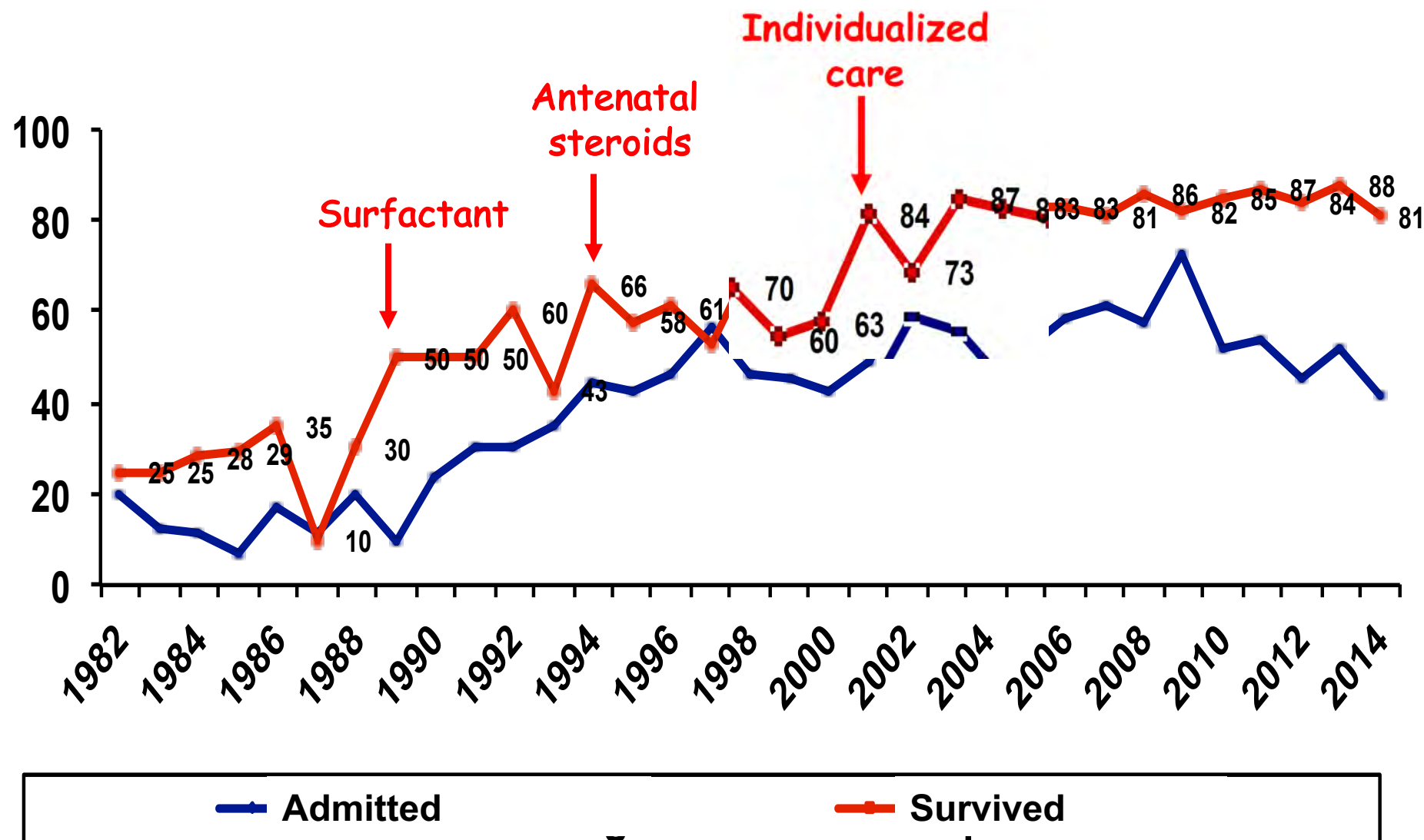
Nam Dinh Hospital, Hanoi, November 2011



**Figure 1.** Preterm infant with **A**, total body polyethylene wrap and **B**, wrap up to the shoulders.



# SURVIVAL RATE (infants with BW< 1000 g) NICU, Pediatric Dpt. Padua University



## Outcome of Extremely Preterm Infants

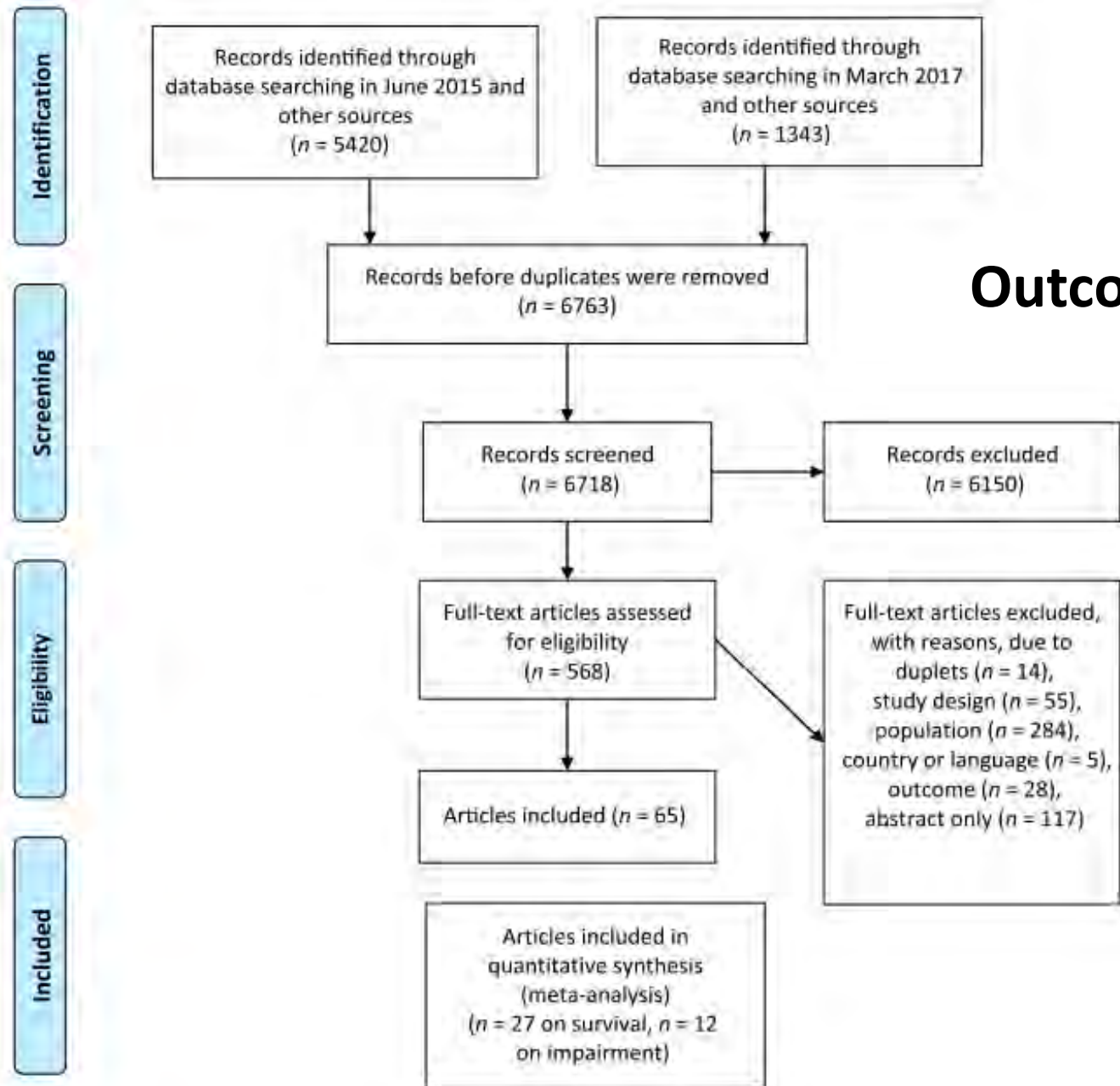
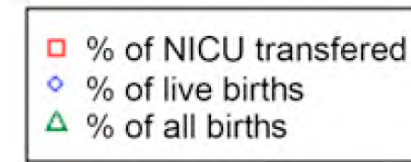


FIGURE 1

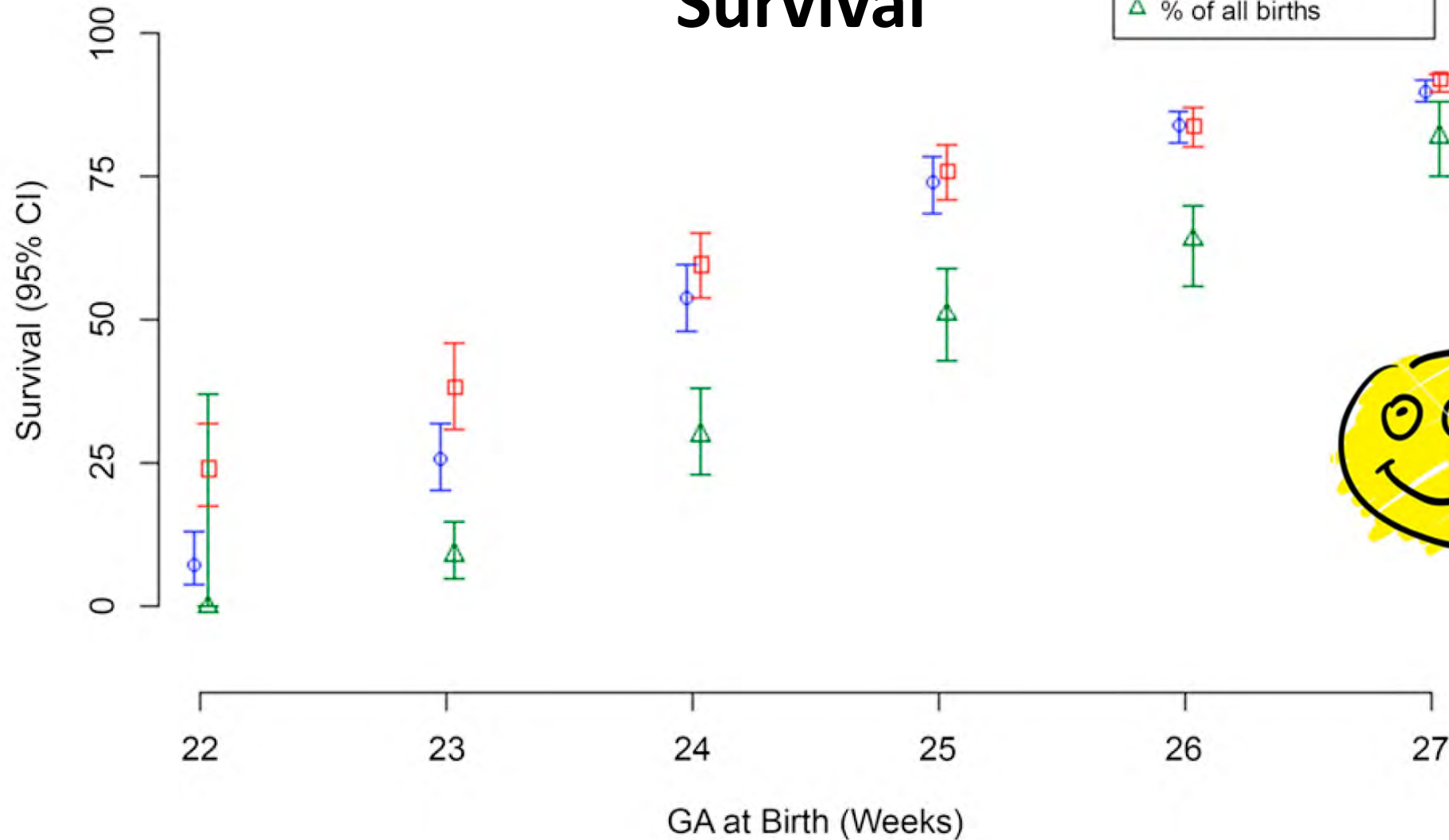
# Survival



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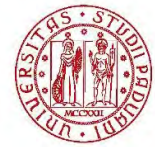


**FIGURE 2**

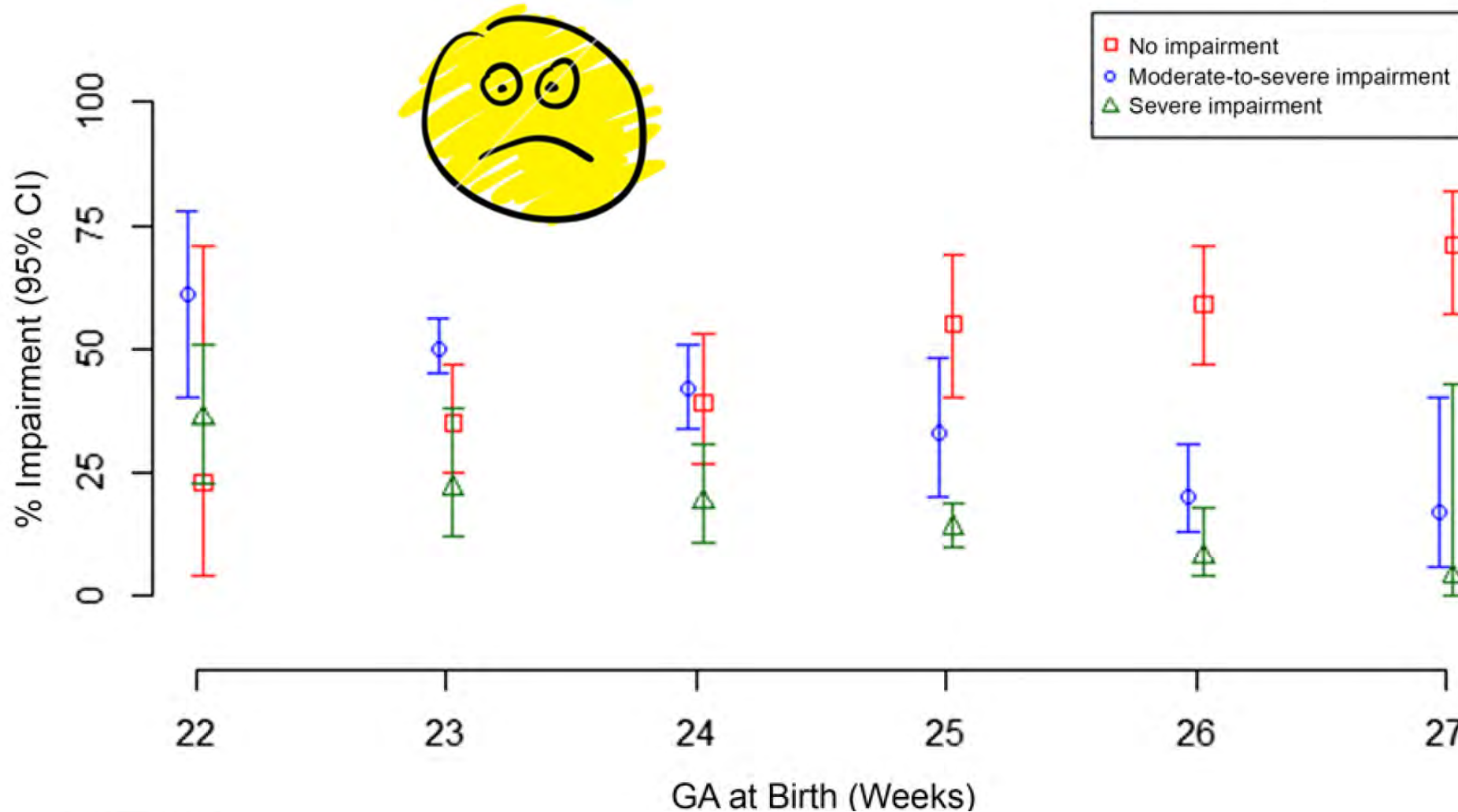
The overall prognosis of survival (risk and 95% CI) for children born at 22 to 27 weeks' GA calculated as proportions of all births, live-born infants, and infants transferred to a NICU nursery.

# Neurodevelopmental impairment

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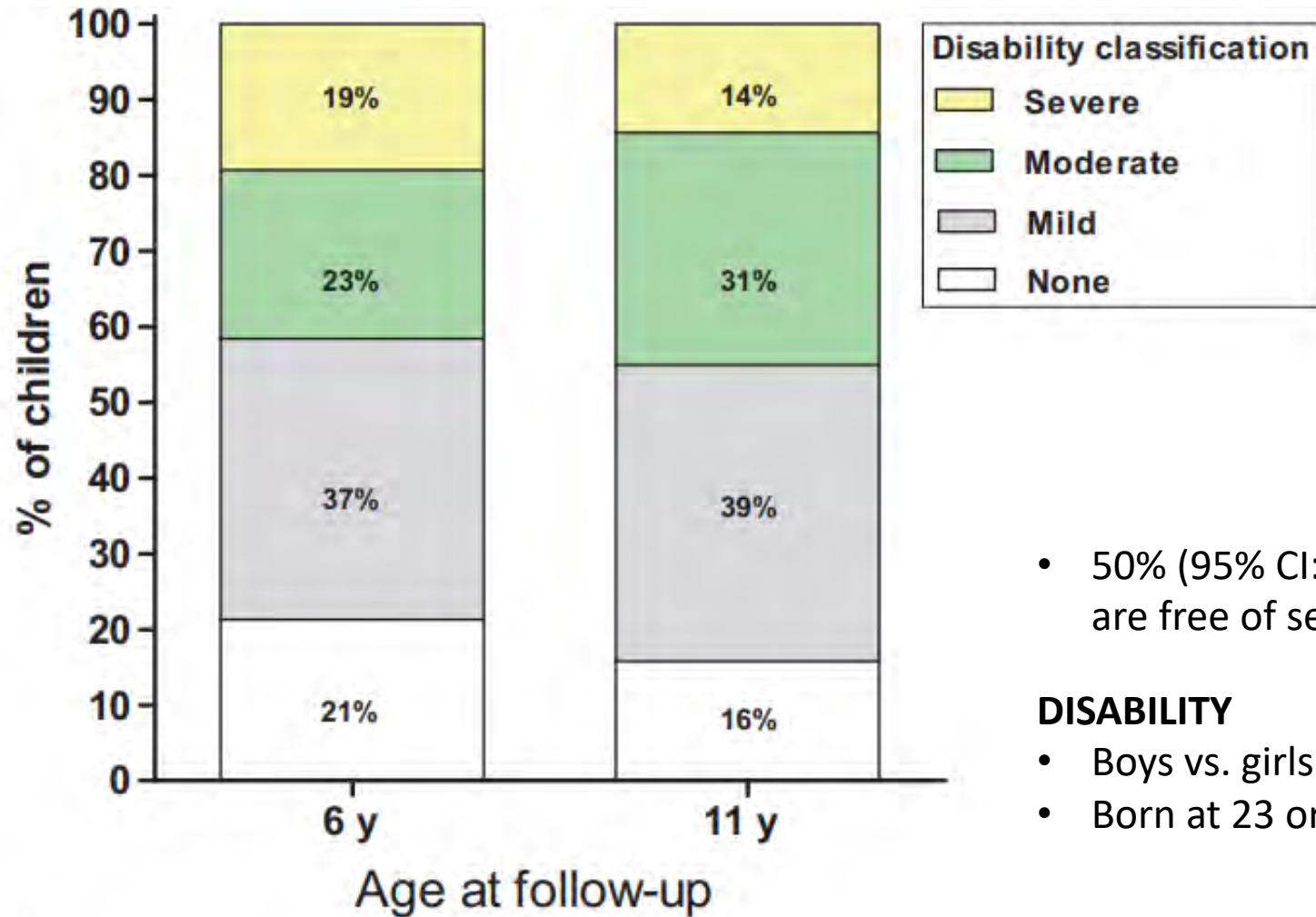
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**FIGURE 3**

The overall risk of no, moderate-to-severe, and severe neurodevelopmental impairment according to GA of survivors at 18 to 36 months of age.

Myrhaug HT, Pediatrics 2019



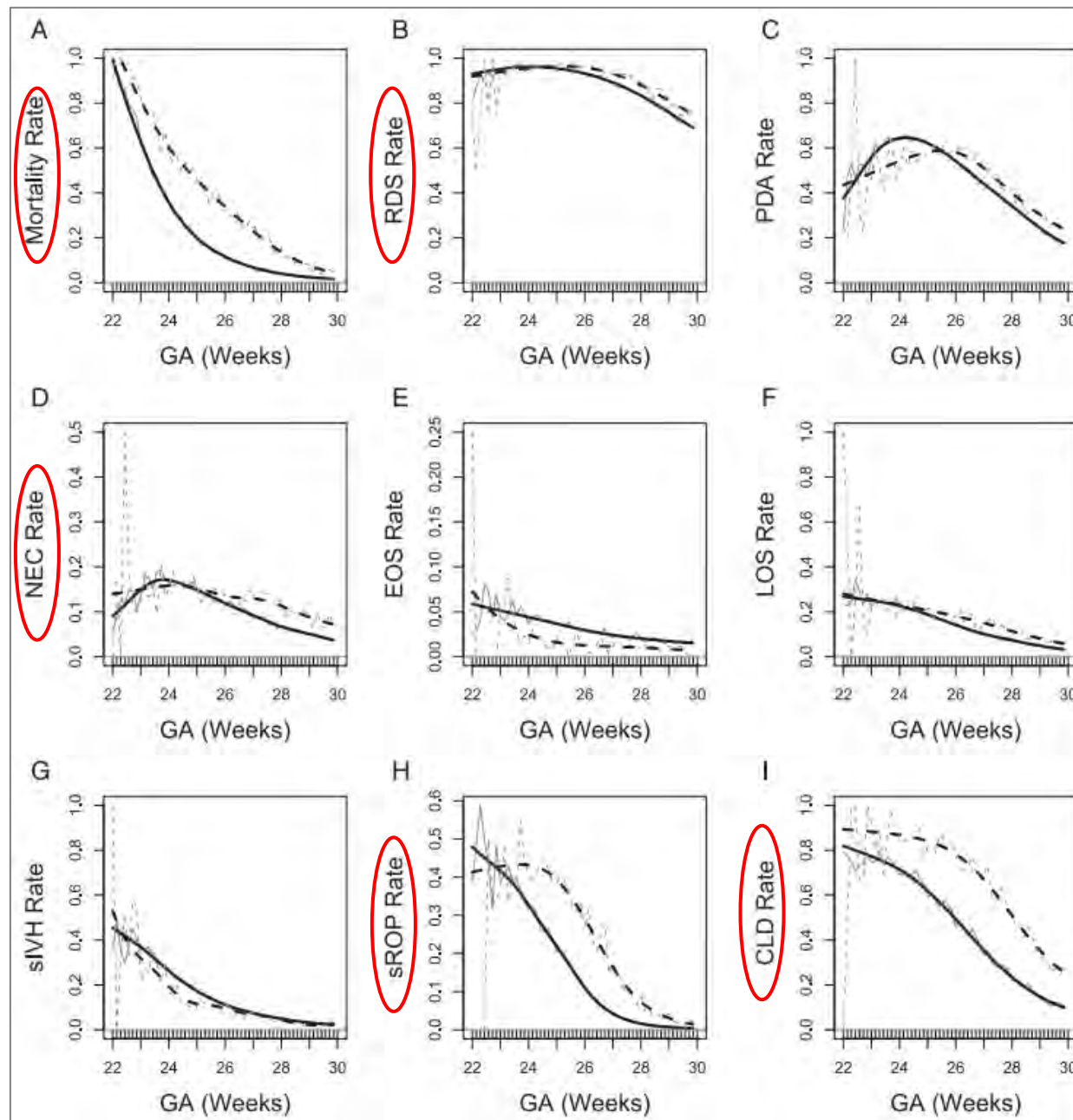
**FIGURE 1**

Distribution of composite disability in extremely preterm children assessed at both 6 and 11 years of age ( $N = 202$ ).

- 50% (95% CI: 44%–57%) of extremely preterm children are free of serious disability at 11 years of age

#### DISABILITY

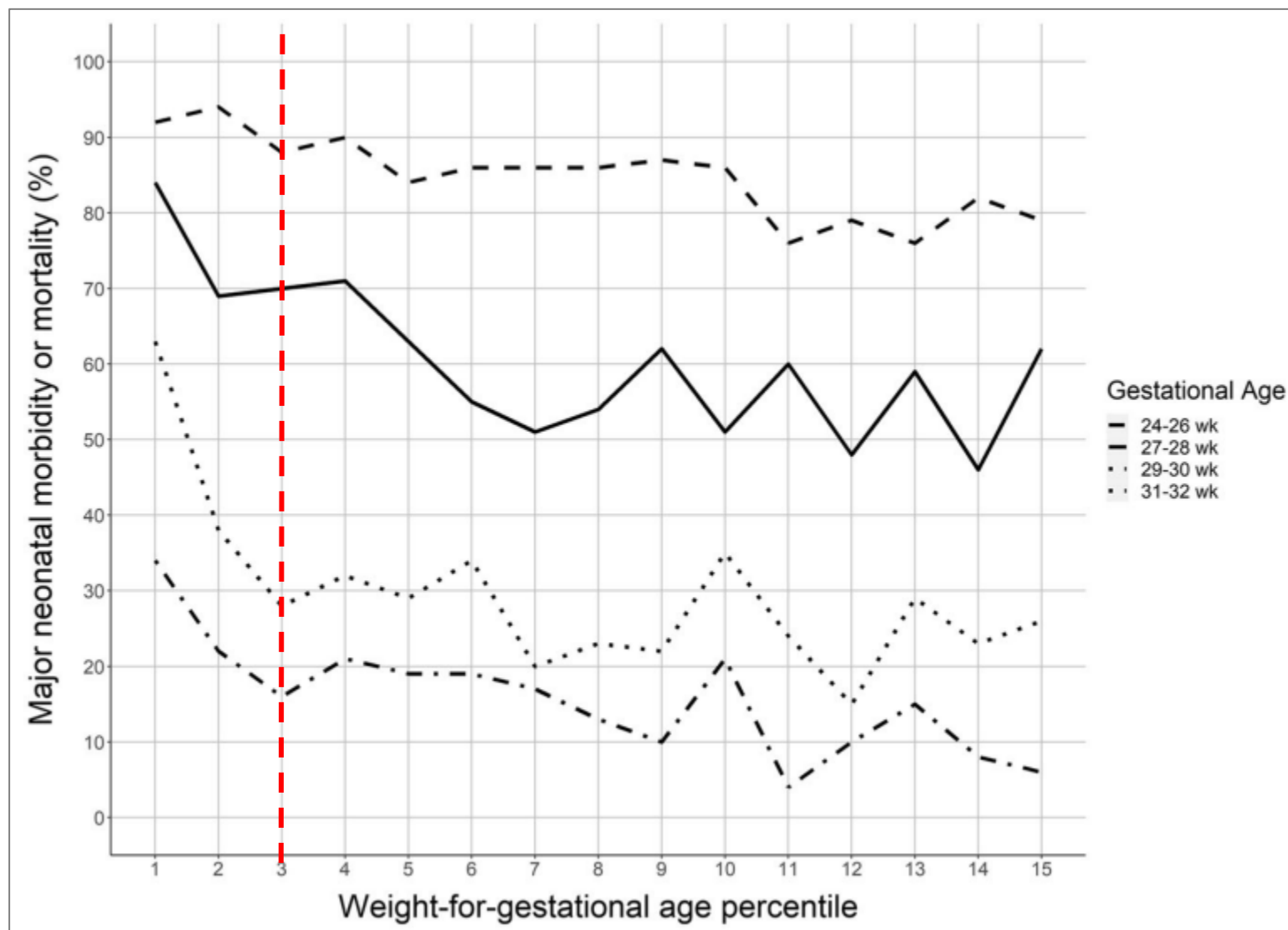
- Boys vs. girls: OR: 1.8 [95% CI: 1.0 –3.1]
- Born at 23 or 24 wks vs. 25 wks: OR: 1.8 [95% CI: 1.0 –3.1]



## Morbidity and Mortality in Small for Gestational Age Infants at 22 to 29 Weeks' Gestation

Nansi S. Boghossian, PhD, MPH,<sup>a</sup> Marco Geraci, PhD,<sup>a</sup> Erika M. Edwards, PhD, MPH,<sup>b,c,d</sup> Jeffrey D. Horbar, MD<sup>b,c</sup>

**FIGURE 3** Rates of outcomes among SGA and non-SGA infants by GA. A, Mortality rate. B, RDS rate. C, PDA rate. D, NEC rate. E, EOS rate. F, LOS rate. G, sIVH rate. H, sROP rate. I, CLD rate. The dashed line represents SGA infants and the solid line represents non-SGA infants. Note that rates for different outcomes are plotted on different scales.



**Fig. 1 Major neonatal morbidity or mortality as a function of weight for gestational age percentile.** Incidence of major neonatal morbidity or mortality by weight for gestational age percentile among 4,771 early preterm (<32 weeks' gestation) infants after stratifying by gestational age.

Figure 2. Forest Plot for Cognitive Scores in Preterm Individuals Who Had Intrauterine Growth Restriction (IUGR) and Were Small for Gestational Age (SGA)

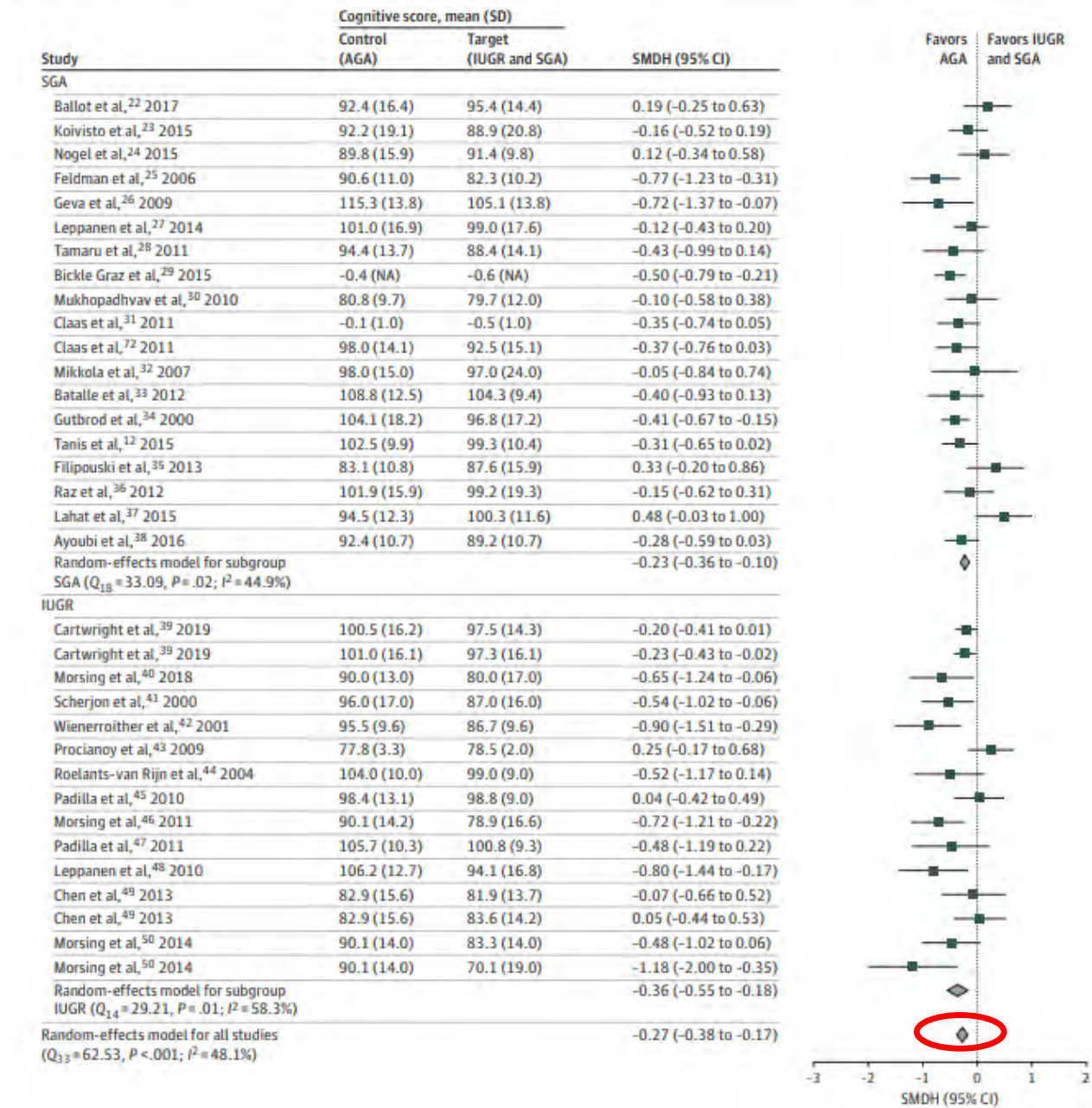
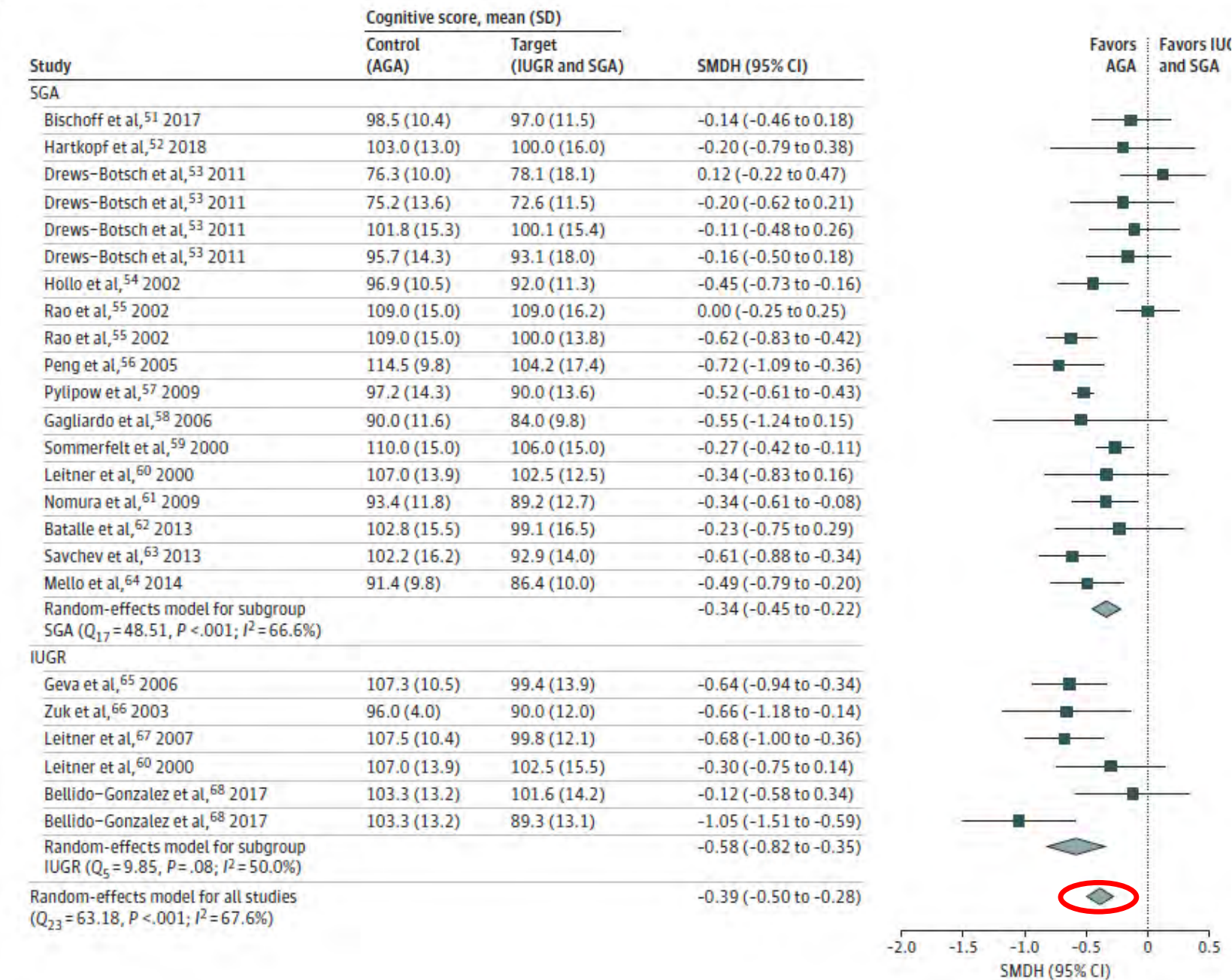


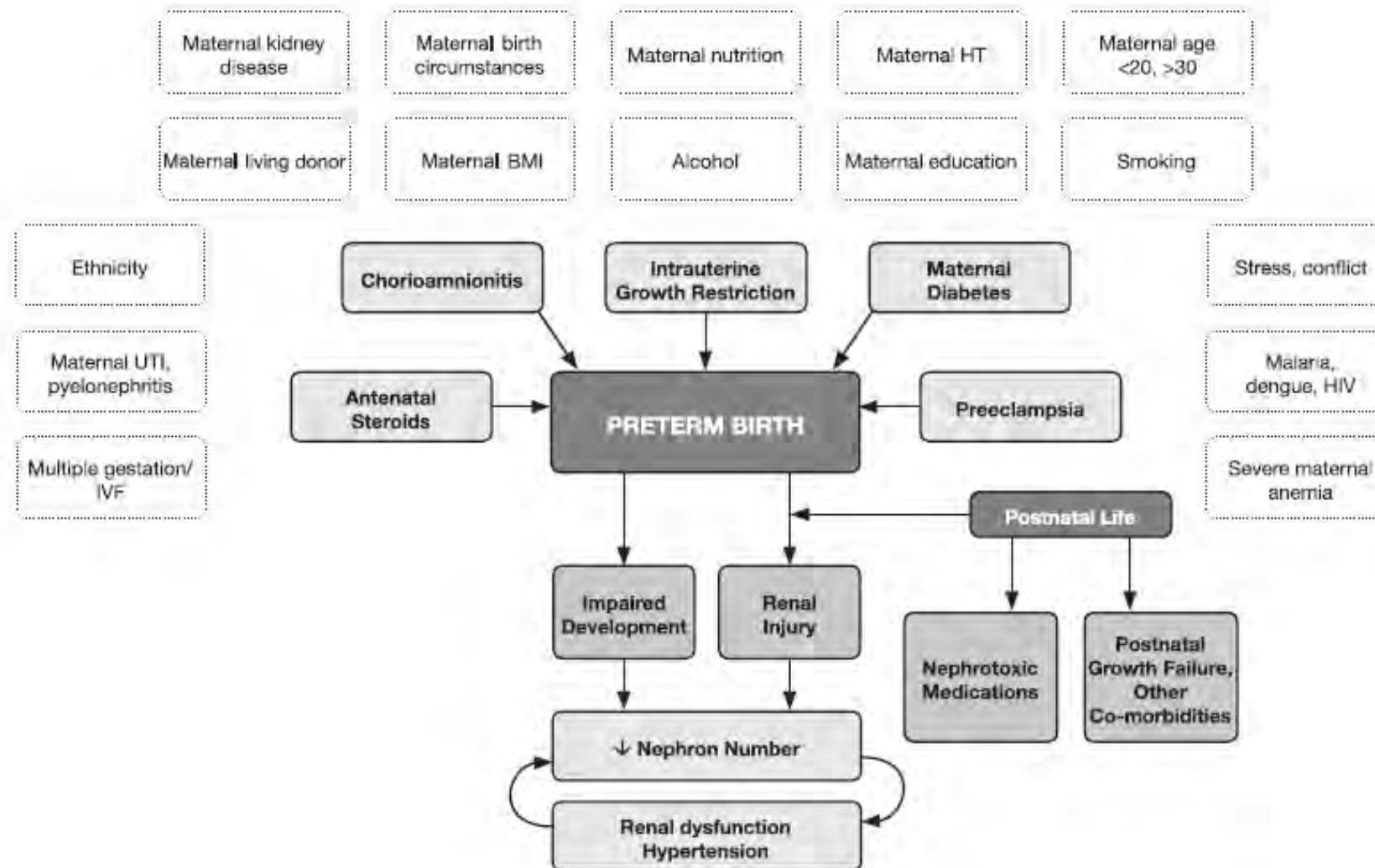
Figure 3. Forest Plot for Cognitive Scores in Term-Born Individuals Who Had Intrauterine Growth Restriction (IUGR) and Were Small for Gestational Age (SGA)



Term-born individuals

Cognitive scores:  
IUGR/SGA vs AGA

Sacchi C. JAMA Pediatr 2020



**Figure 1.** Risk factors for preterm birth and factors impacting renal programming in the infant. Adapted with permission from Sutherland et al.<sup>15</sup> BMI, body mass index; HIV, human immunodeficiency virus; HT, hypertension; IVF, in vitro fertilization; UTI, urinary tract infection.

# Glomerular count in relation to gestational age

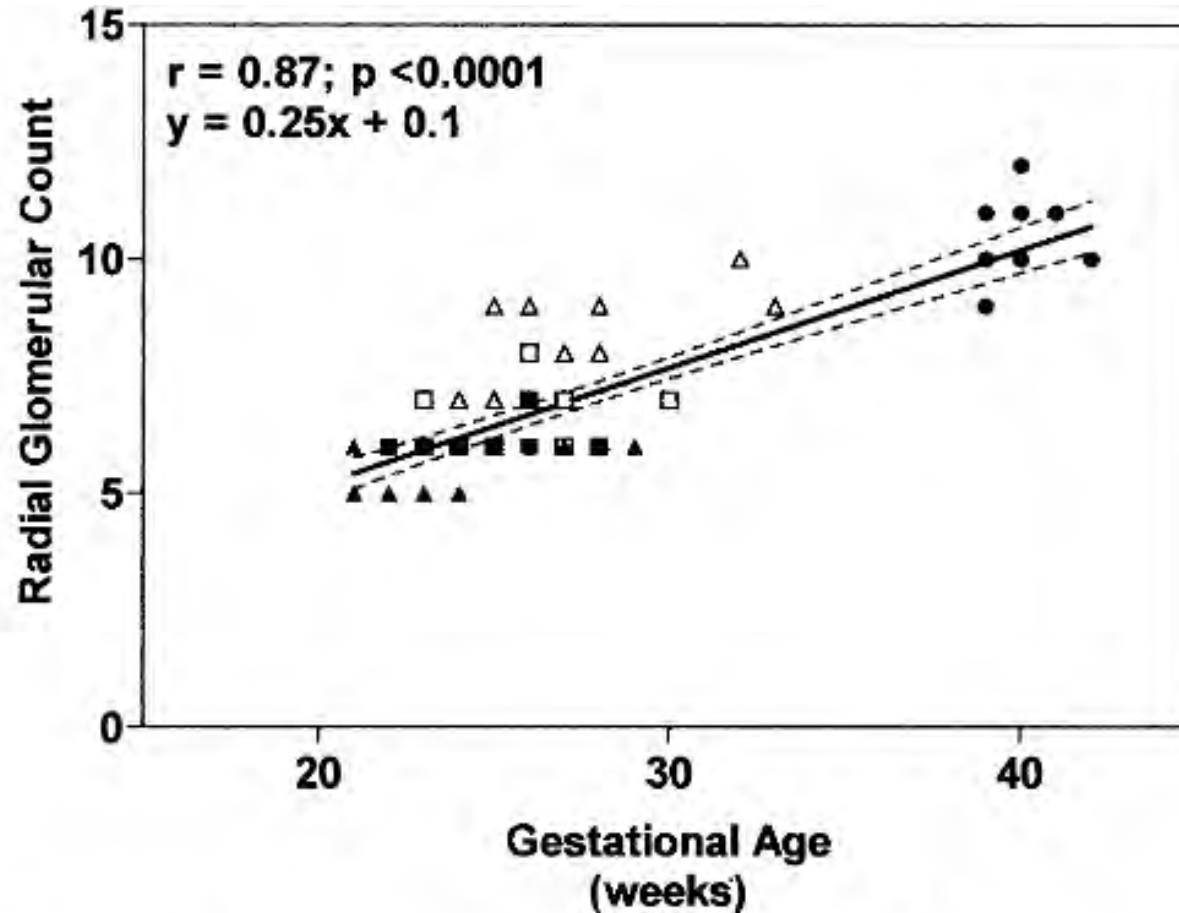


Figure 3 Linear regression analysis of radial glomerular counts with increasing gestational age;  $r = 0.87$ ;  $n = 66$ ;  $P < 0.0001$ ;  $y = 0.25x + 0.1$ . Closed triangles, group 1A; closed squares, group 1B; open squares, group 2A; open triangles, group 2B; and closed circles, group 3.



# Preterm Birth as a Risk Factor for Metabolic Syndrome and Cardiovascular Disease in Adult Life: A Systematic Review and Meta-Analysis

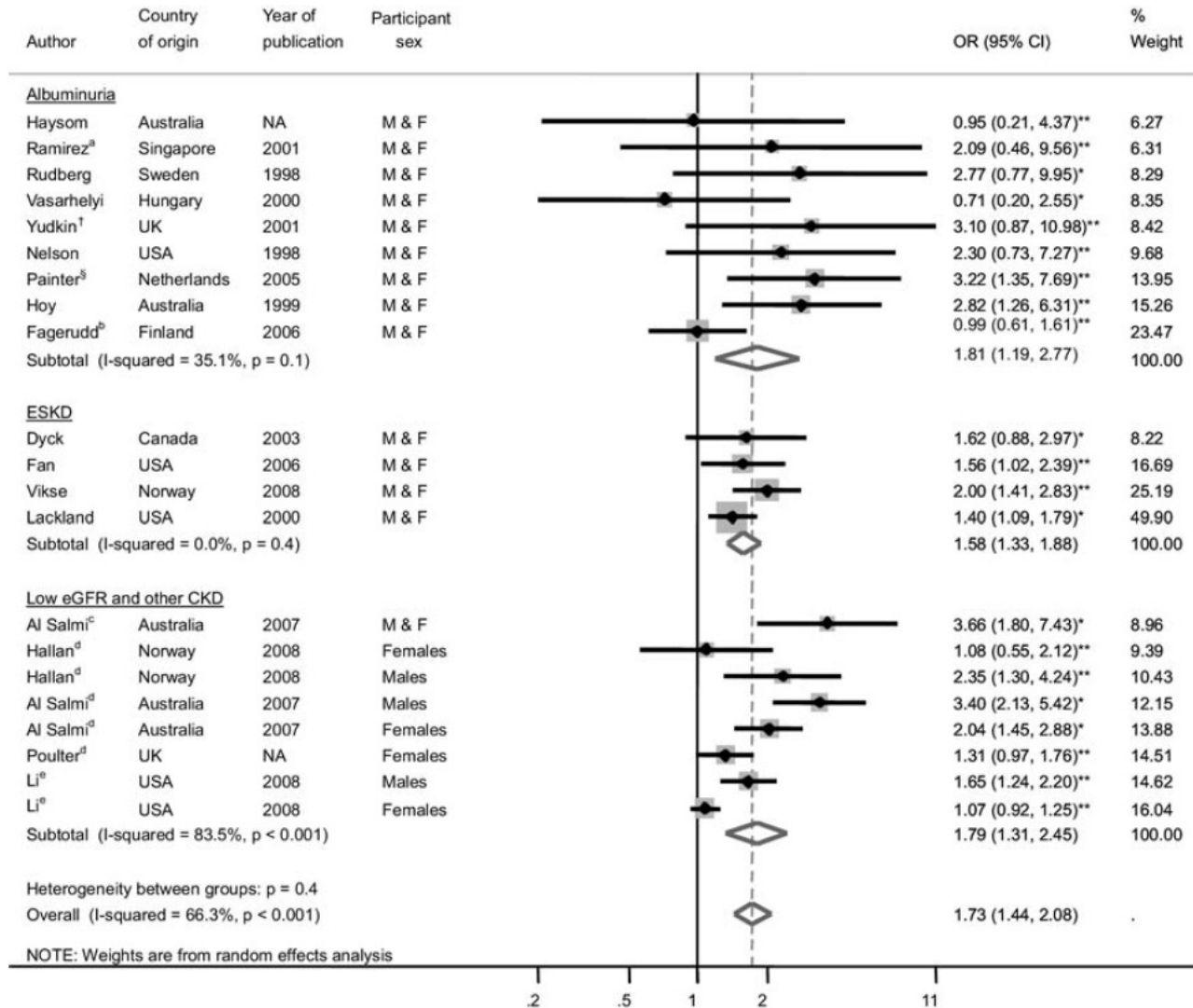
Panagiota Markopoulou, MD, MSc<sup>1</sup>, Eleni Papanikolaou, PhD<sup>2</sup>, Antonis Analytis, PhD<sup>3</sup>, Emmanouil Zoumakis, PhD<sup>1</sup>,  
and Tania Siahnidou, MD, PhD<sup>1</sup>

|                 |         |
|-----------------|---------|
| Fat mass        | p=.03   |
| SBP             | p<.0001 |
| DBP             | p<.0001 |
| 24-hour SBP     | p<.001  |
| 24-hour DBP     | p<.001  |
| Fasting glucose | p<.01   |
| Insulin         | p<.002  |

43 studies

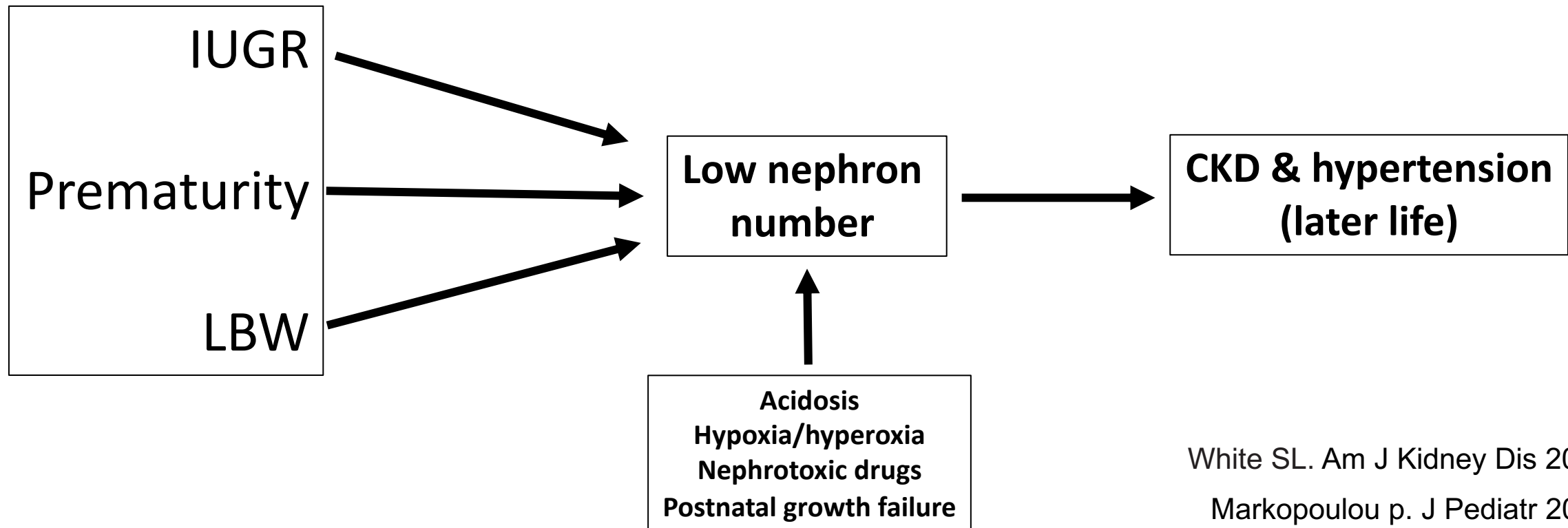
|                             |                                   |
|-----------------------------|-----------------------------------|
| Preterm adults<br>n. 18 295 | Vs Term born adults<br>n. 294 063 |
|-----------------------------|-----------------------------------|

# Low Birth Weight and Risk of CKD



31 relevant cohort or case-control studies

**Figure 2.** Odds ratios (ORs) and 95% confidence intervals (CIs) for risk of chronic kidney disease (CKD) associated with low versus normal birth weight.



White SL. Am J Kidney Dis 2009

Markopoulou p. J Pediatr 2019

Rodríguez MM. Pediatr Dev Pathol 2004

Luyckx VA. Lancet. 2017

Piccoli GB. J Clin Med 2022

FIGURE 2

# Hypotheses on the potential influence of prenatal environment on the risk of cardiovascular disease

## PRECONCEPTIONAL PERIOD

### FETUS

- Remodeled hearts
- Increased IMT
- Abnormal – atherogenic lipid profile
- Loss of Nephrons

### CHILD

- Remodeled hearts
- Increased blood pressure
- Increased IMT

### YOUNG

- Remodeled hearts
- Increased blood pressure
- Increased IMT
- Glomerular proteinuria

### MATURE

- Increased blood pressure
- Increased risk for cardiovascular disease and mortality

### OLD

- Increased risk for cardiovascular disease and mortality

## Deaths from coronary heart disease before 65 years\*

Hazard ratio



IMPACT OF FETAL  
GROWTH RESTRICTION

OPPORTUNITIES  
FOR CORRECTION?

## Adult susceptibility

- Tobacco
- High fat diet
- Physical activity
- Stress

Maternal health care, education, BMI,  
nutrition, IPT, Alcohol, Smoking

• Breastfeeding

## HEART-HEALTHY LIFESTYLE

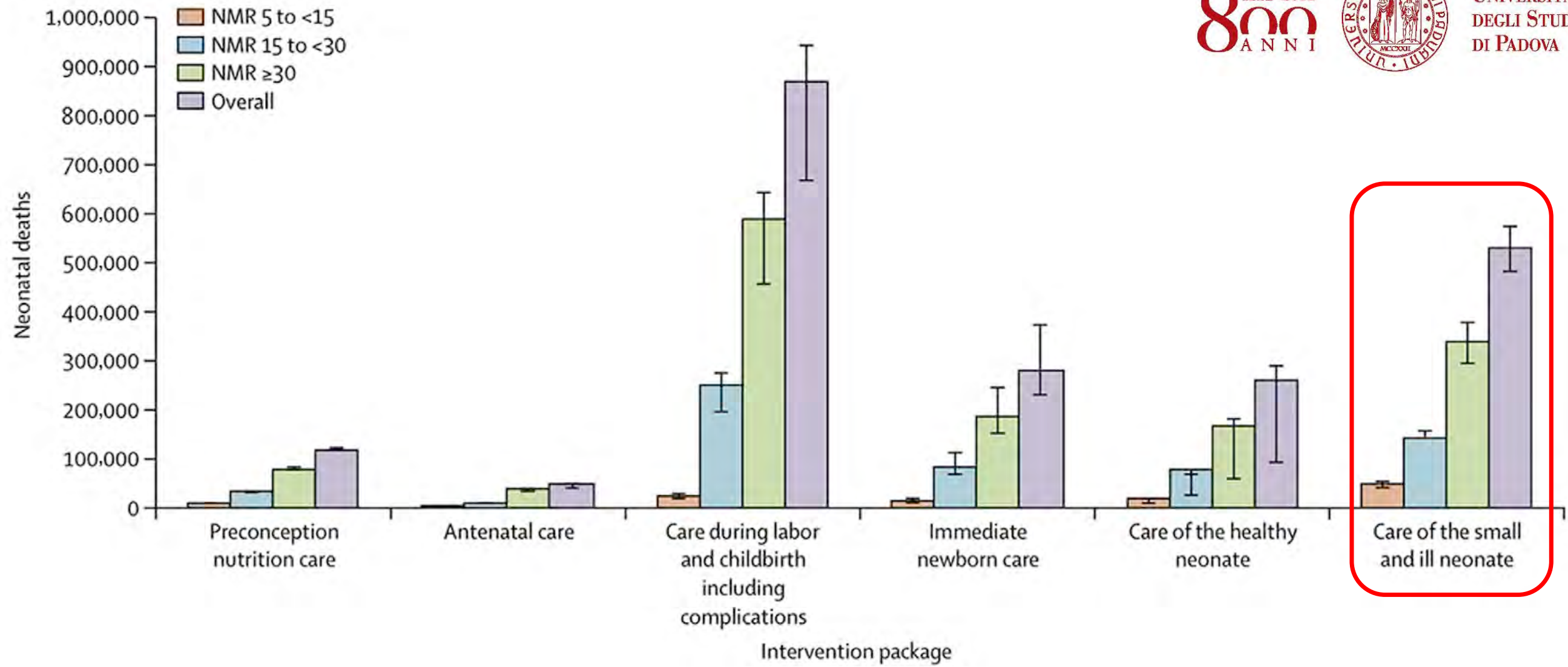
- Monitor of blood pressure
- Avoid overweight
- High intake of dietary long-chain n-3 fatty acids

Epidemiologic evidence that supports the association between fetal growth and cardiovascular risk (upper panel). A hypothesis on the potential combination of the prenatal effects of fetal growth restriction with cardiovascular health and risk factors during lifetime and the potential influence of preventive strategies. \*Calculated from<sup>4</sup>.

IMT, intima media thickness.

Crispi F, AJOG 2017 (modified)

# **Prematurity in low-resource settings**



**Fig. 1.** Estimated impact of interventions on the intrapartum-related neonatal deaths. NA, not applicable. (From Bhutta ZA, Das JK, Bahl R, et al. Can available interventions end preventable deaths in mothers, newborn babies, and stillbirths, and at what cost? Lancet 2014;384(9940):362; with permission.)

# Dr Mary Crosse, OBE, MD (1900–1972) and the premature baby

**P M Dunn**

*Arch Dis Child Fetal Neonatal Ed* 2007;**92**:F151–F153. doi: 10.1136/adc.2005.077529



**Figure 1** Dr Victoria Mary Crosse (1900–1972).

**Sorrento Prematurity Baby Unit  
1929 (Birmingham, UK)**

Dunn PM, ADC Fetal Neonatal Ed 2007

## NEO-NATAL MORTALITY ACCORDING TO BIRTH-WEIGHT (GRAMMES)

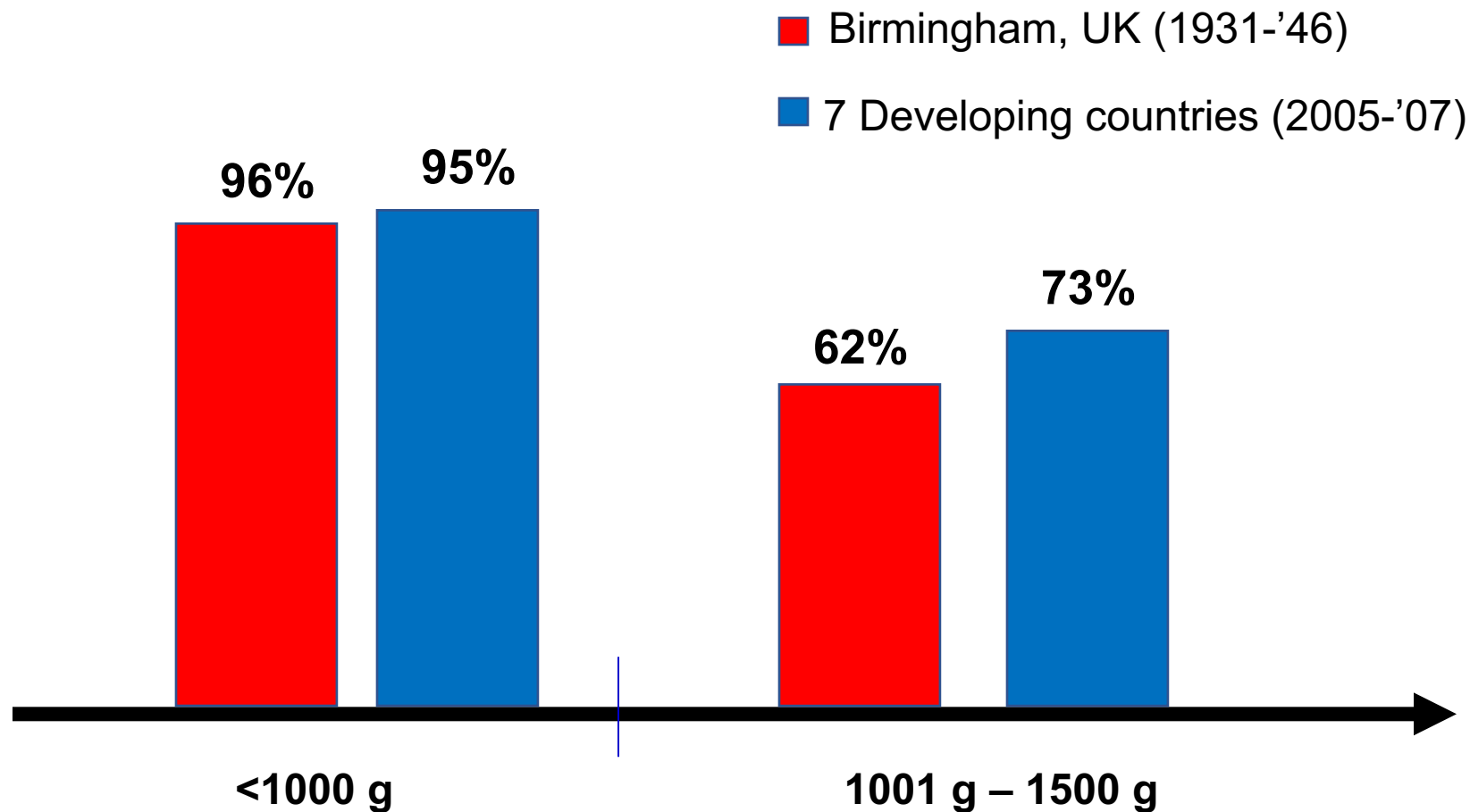
| Birth-weight (in Grammes)        | Premature Baby Unit,<br>1931-46 |                        | Premature Babies Born<br>Alive in Sorrento Mater-<br>nity Home, 1931-46 |                        |
|----------------------------------|---------------------------------|------------------------|-------------------------------------------------------------------------|------------------------|
|                                  | Cases                           | Mortality<br>per Cent. | Cases                                                                   | Mortality<br>per Cent. |
| Up to 1,000 g. (2 lbs. 3 oz.) .  | 141                             | 95.0                   | 21                                                                      | 96.6                   |
| 1,000-1,500 g. (3 lbs. 4 ozs.) . | 677                             | 61.2                   | 94                                                                      | 62.7                   |
| 1,500-2,000 g. (4 lbs. 6 ozs.) . | 1,465                           | 26.7                   | 238                                                                     | 20.1                   |
| 2,000-2,500 g. (5 lbs. 8 ozs.) . | 932                             | 16.7                   | 788                                                                     | 3.8                    |
| All weights . . . . .            | 3,215                           | 32.9                   | 1,141                                                                   | 13.4                   |

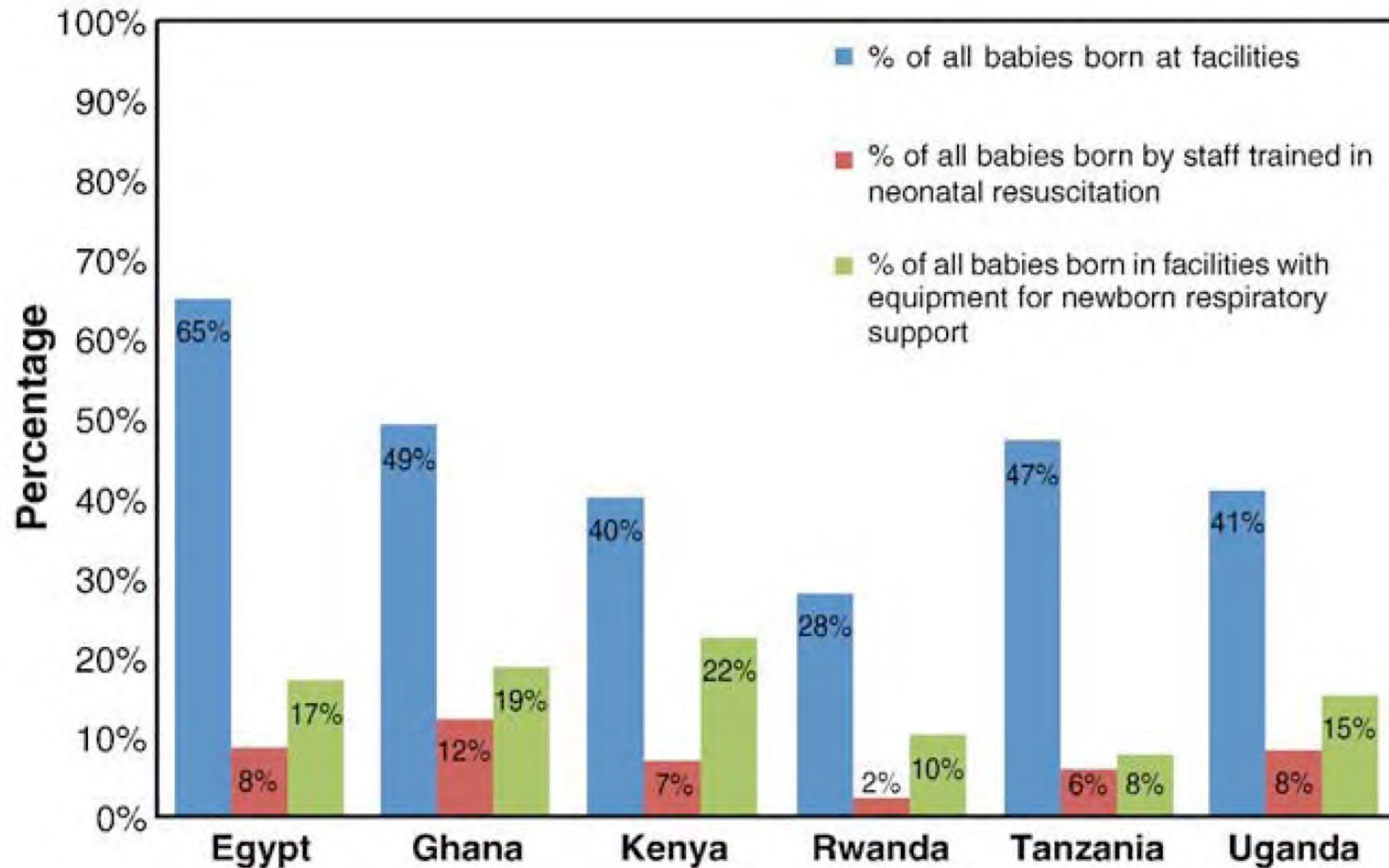


**Figure 2** Neonatal mortality for the Sorrento Premature Baby Unit, 1931-1946.

# PRETERM BABIES: what is our goal ?

## Mortality rate:









NICU, Padua, Italy

## Panel 1: WHO's 11 new recommendations and good practice statement for care of preterm or low birthweight infants

### Recommendation on immediate KMC

KMC for preterm or LBW infants should be started as soon as possible after birth

### Recommendation on probiotics

Probiotics may be considered for human-milk-fed preterm infants <32 weeks' gestation

### Recommendation on emollients

Application of topical oil to the body of preterm or LBW infants may be considered

### Recommendation on CPAP

CPAP therapy may be considered for very preterm infants with respiratory distress

### Recommendation on CPAP

For preterm infants with respiratory distress, CPAP therapy, bubble CPAP or pressure sources (eg, ventilator CPAP)

### Recommendation on methylxanthines for apnoea treatment

Caffeine is recommended for the treatment of apnoea in preterm infants <37 weeks' gestation

### Recommendation on methylxanthines for extubation

Caffeine is recommended for the extubation of preterm infants <34 weeks' gestation

### Recommendation on methylxanthines for apnoea prevention

Caffeine may be considered for the prevention of apnoea in preterm infants <34 weeks' gestation

### Recommendation on family involvement

Family involvement in the routine care of preterm or LBW infants in health-care facilities is recommended

### Recommendation on family support

- Kangaroo Mother Care
- Continuous positive airway pressure (CPAP)
- Caffeine
- Family involvement
- Family support

### Good practice statement on parental leave and entitlements

Parental leave and entitlements should address the special needs of mothers, fathers, and other primary caregivers of preterm or LBW infants

KMC=kangaroo mother care. LBW=low birthweight. CPAP=continuous positive airway pressure.

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## Effect of community-initiated kangaroo mother care on survival of infants with low birthweight: a randomised controlled trial

Sarmila Mazumder, Sunita Taneja, Brinda Dube, Kiran Bhatia, Runa Ghosh, Medha Shekhar, Bireshwar Sinha, Rajiv Bahl, Jose Martinez, Maharaj Kishan Bhan, Halvor Sommerfelt, Nita Bhandari

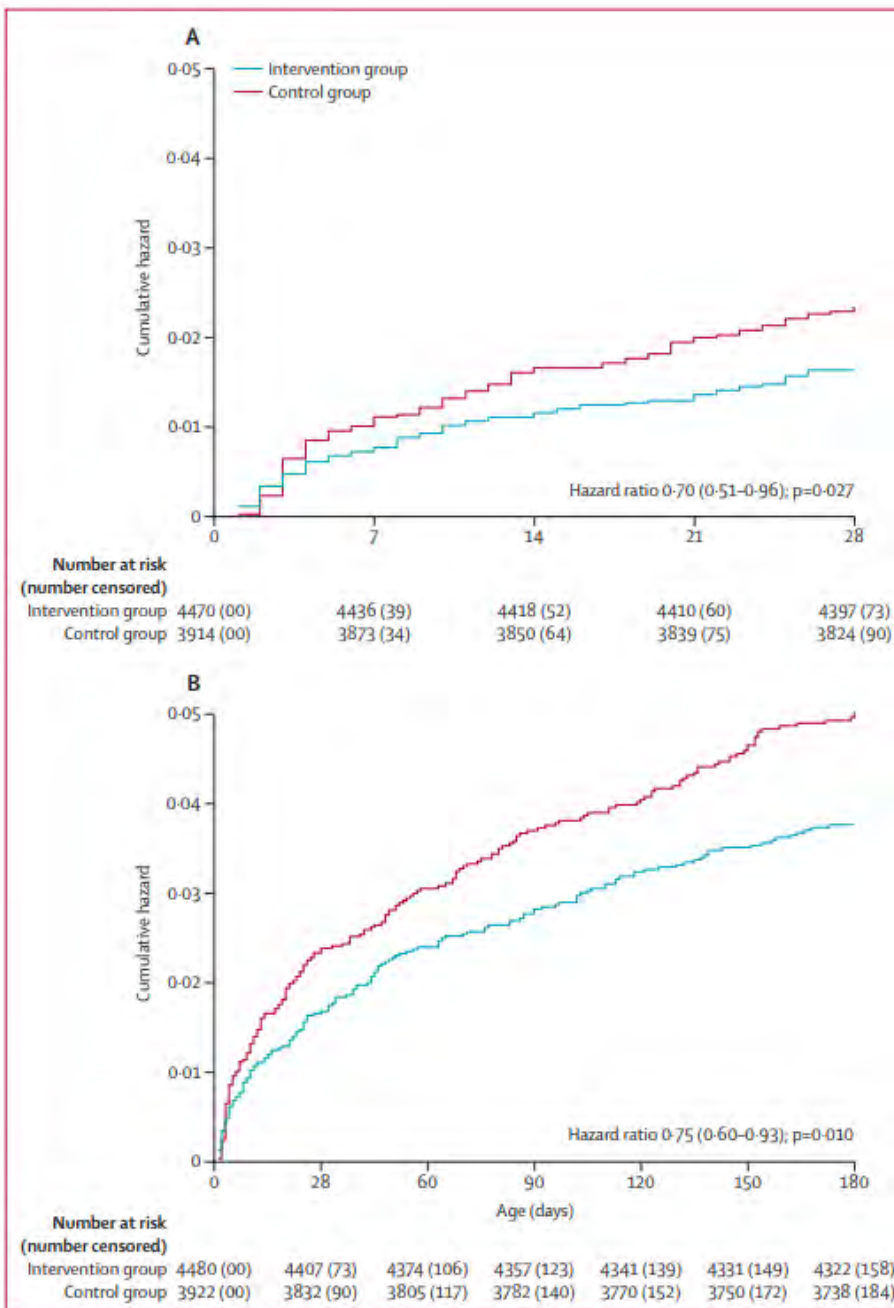


Figure 2: Cumulative hazard of death from enrolment to age 28 days (A) and from enrolment to age 180 days (B)

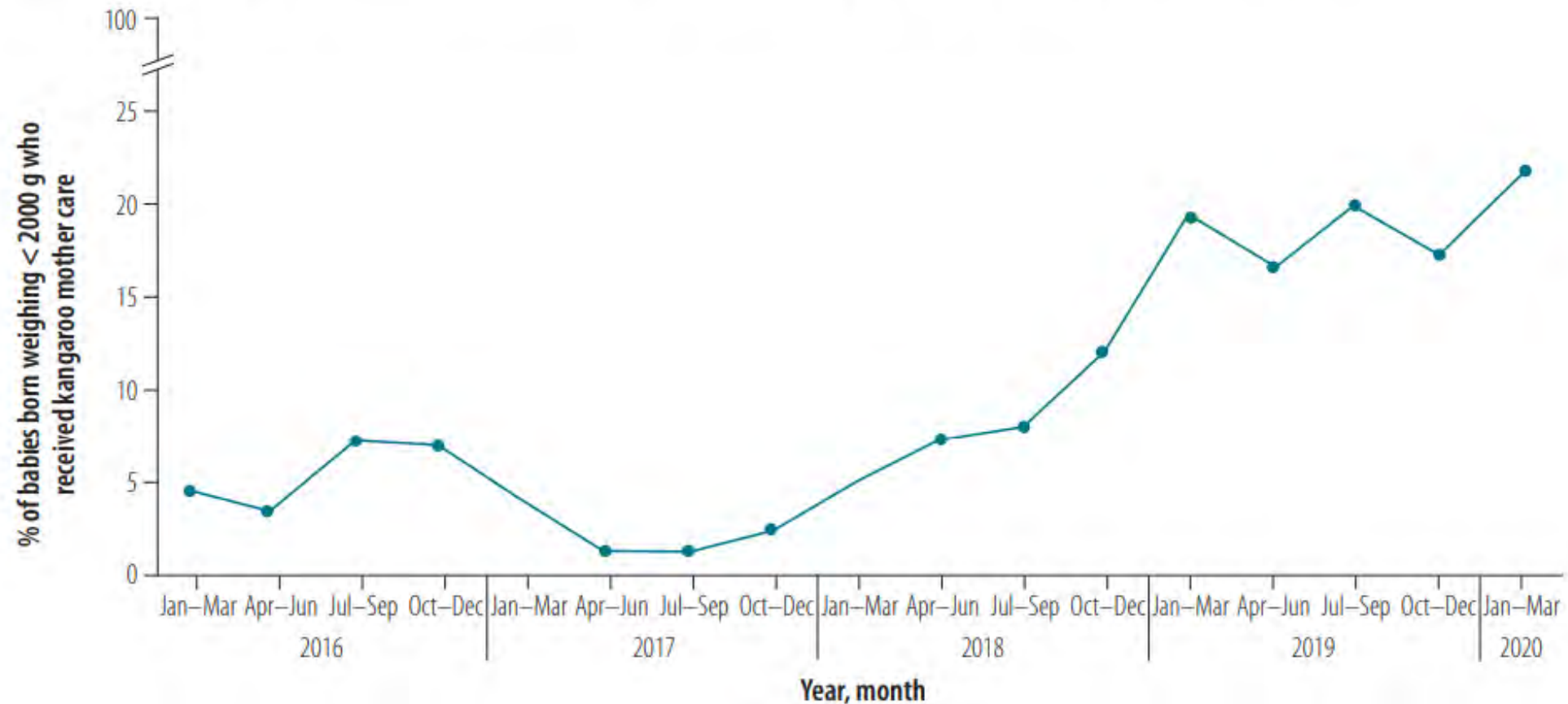


Mazumder S, Lancet 2019

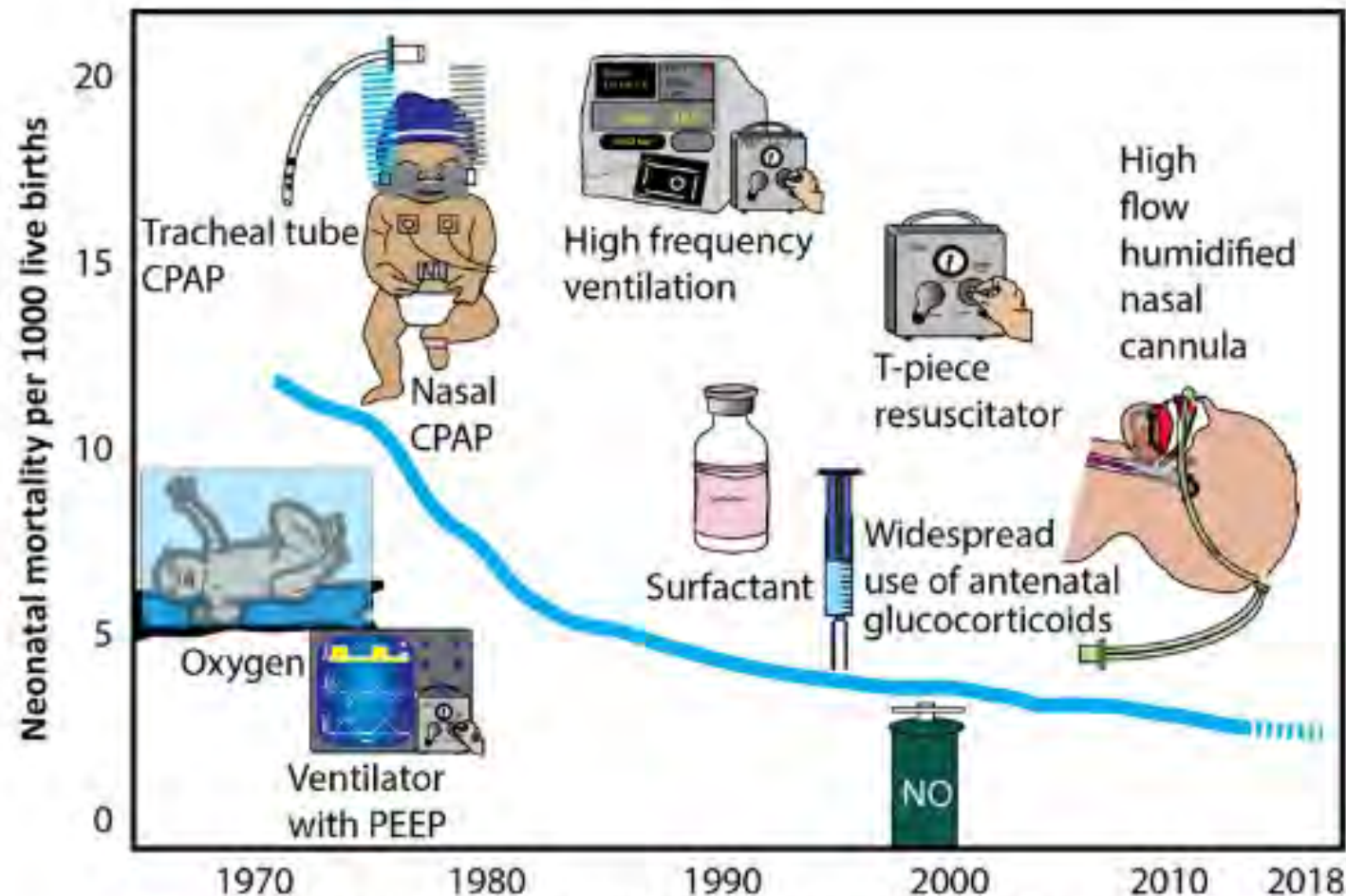
## Implementation research on kangaroo mother care, Bangladesh

ANM Ehtesham Kabir,<sup>a</sup> Sharmin Afroze,<sup>b</sup> Zubair Amin,<sup>c</sup> Agnihotri Biswas,<sup>c</sup> Sabina Ashrafee Lipi,<sup>d</sup> Mahbuba Khan,<sup>e</sup> Khaleda Islam,<sup>d</sup> Shamsul Haque,<sup>f</sup> MAK Azad Choudhury<sup>g</sup> & Mohammad Shahidullah<sup>h</sup>

Fig. 3. Percentage of eligible babies who received kangaroo mother care, Bangladesh, January 2016 to March 2020



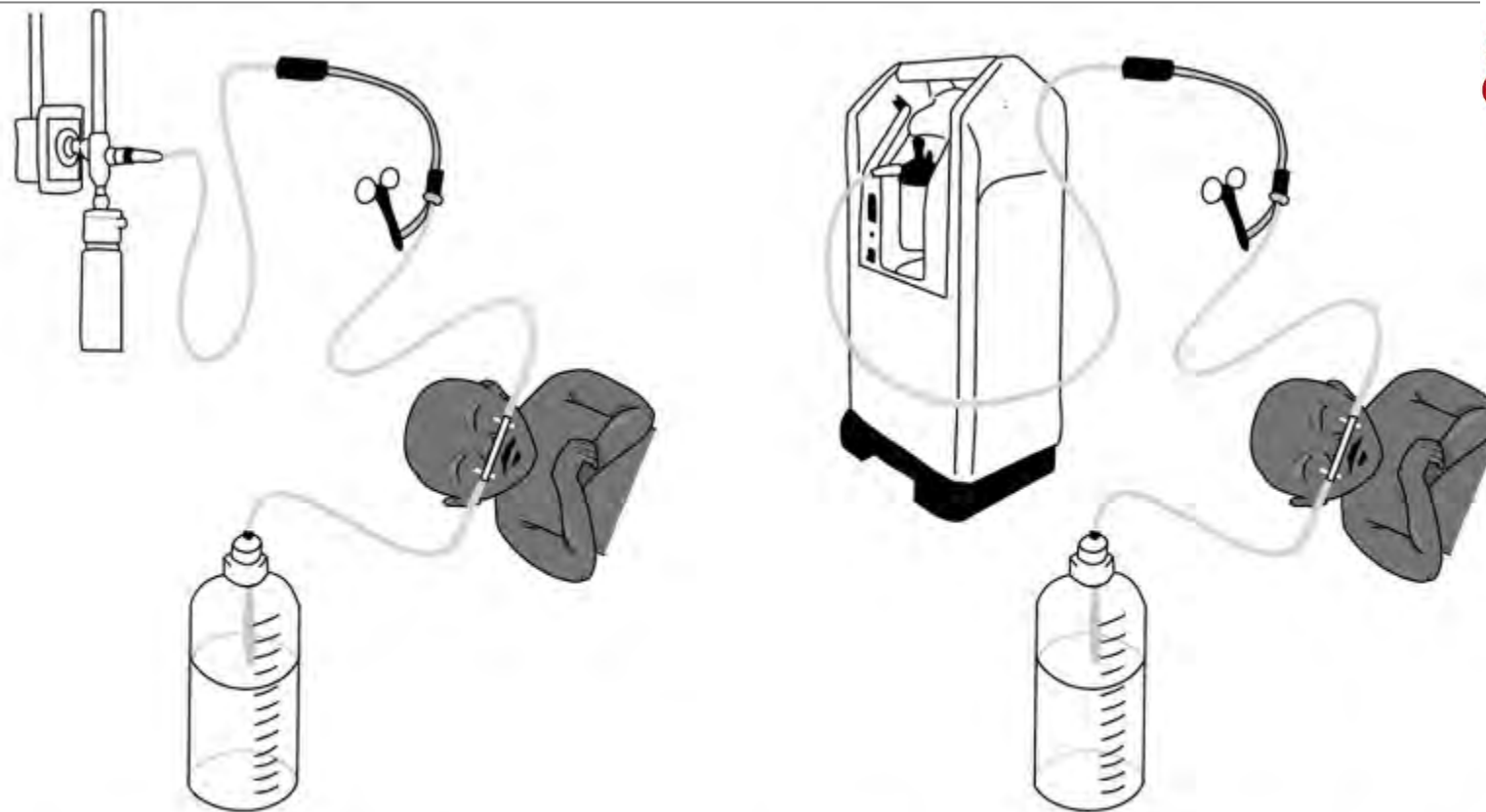
# Continuous positive airway pressure (CPAP)



**FIG. 2.8** Graph Showing Neonatal Mortality Rate and Various Innovations in Neonatal Respiratory Care.

CPAP, Continuous positive airway pressure. Copyright:

Satyan Lakshminrusimha.



**FIGURE 4** Improved bubblecontinuous positive airway pressure based on inexpensive nasal prongs and a cylinder (left) or an oxygen concentrator (right).

**TABLE 2** Characteristics of bCPAP systems specifically designed for LMICs

|       | Baby CPAP           | Dolphin CPAP        | Pumani             | Vayu |
|-------|---------------------|---------------------|--------------------|------|
| Price | 2400\$ <sup>a</sup> | 3300\$ <sup>b</sup> | 950\$ <sup>b</sup> | NA   |

# Implementation of the bubble CPAP in a low-resource setting neonatal unit: technology is not enough

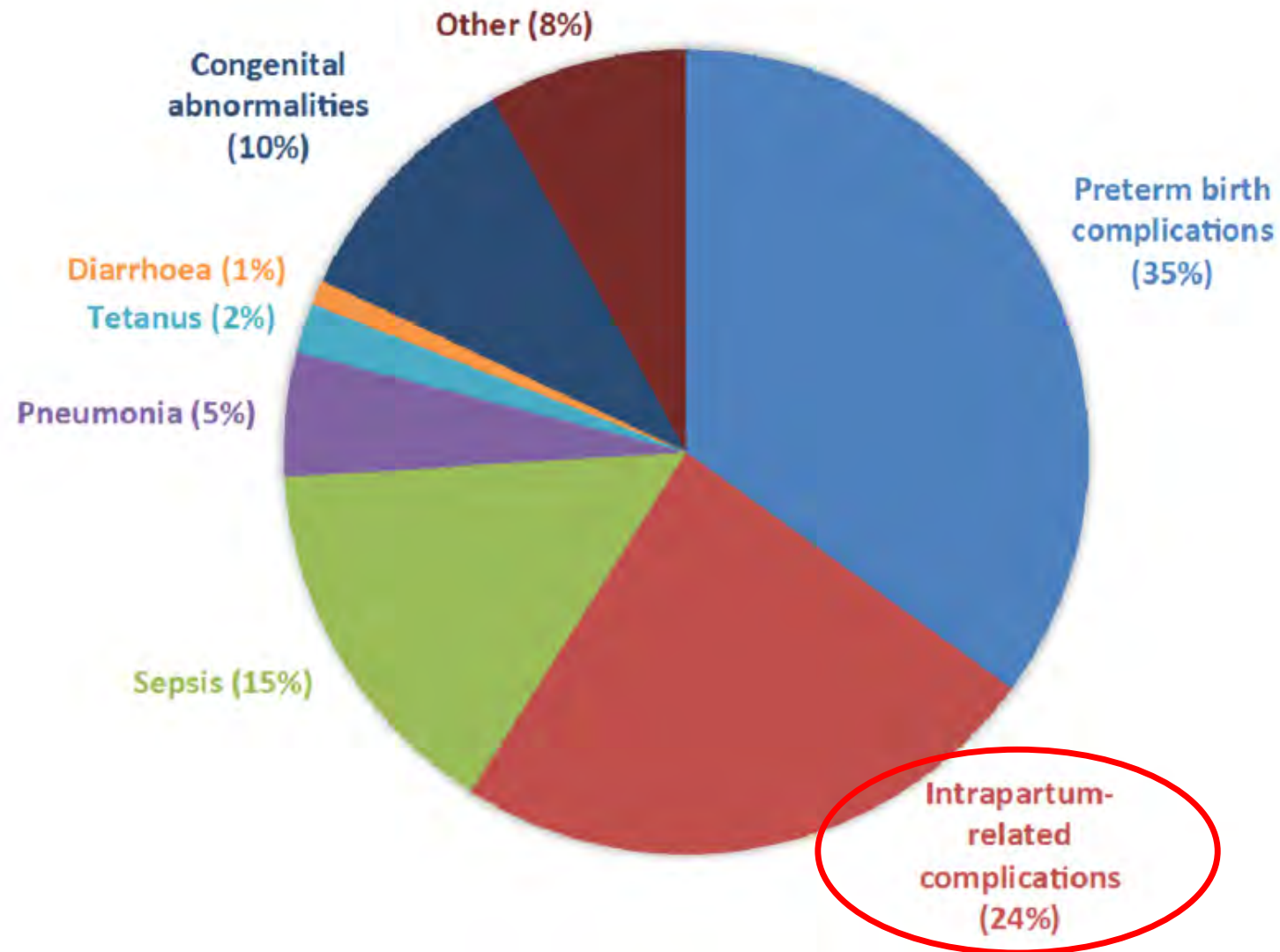
Table. Admissions and mortality before (2016-2018) and after (2019-2020) CPAP introduction at HOSCO

| Birth weight    | Admissions in 2016-2018 |                       | Admissions in 2019-2020 |                 |                       |                     |
|-----------------|-------------------------|-----------------------|-------------------------|-----------------|-----------------------|---------------------|
|                 | Admissions              | Deaths among admitted | Admissions              | Received CPAP   | Deaths among admitted | CPAP treated deaths |
| <1500 grams     | 1,043                   | 640/1,040 (62%)       | 673                     | 151/654 (23%)   | 427/669 (64%)         | 135/150 (90%)       |
| 1500-2500 grams | 616                     | 140/616 (23%)         | 365                     | 11/353 (3%)     | 94/365 (26%)          | 10/11 (91%)         |
| >2500 grams     | 534                     | 98/533 (18%)          | 480                     | 17/463 (4%)     | 86/479 (18%)          | 15/17 (88%)         |
| Total           | 2,204                   | 886/2,200 (40%)       | 1,518                   | 179/1,470 (12%) | 607/1,513 (40%)       | 160/178 (90%)       |

In 2019, **9 CPAP machines** were introduced at Saint Camille Hospital Ouagadougou (HOSCO), Burkina Faso

Villani PE. (unpublished data)

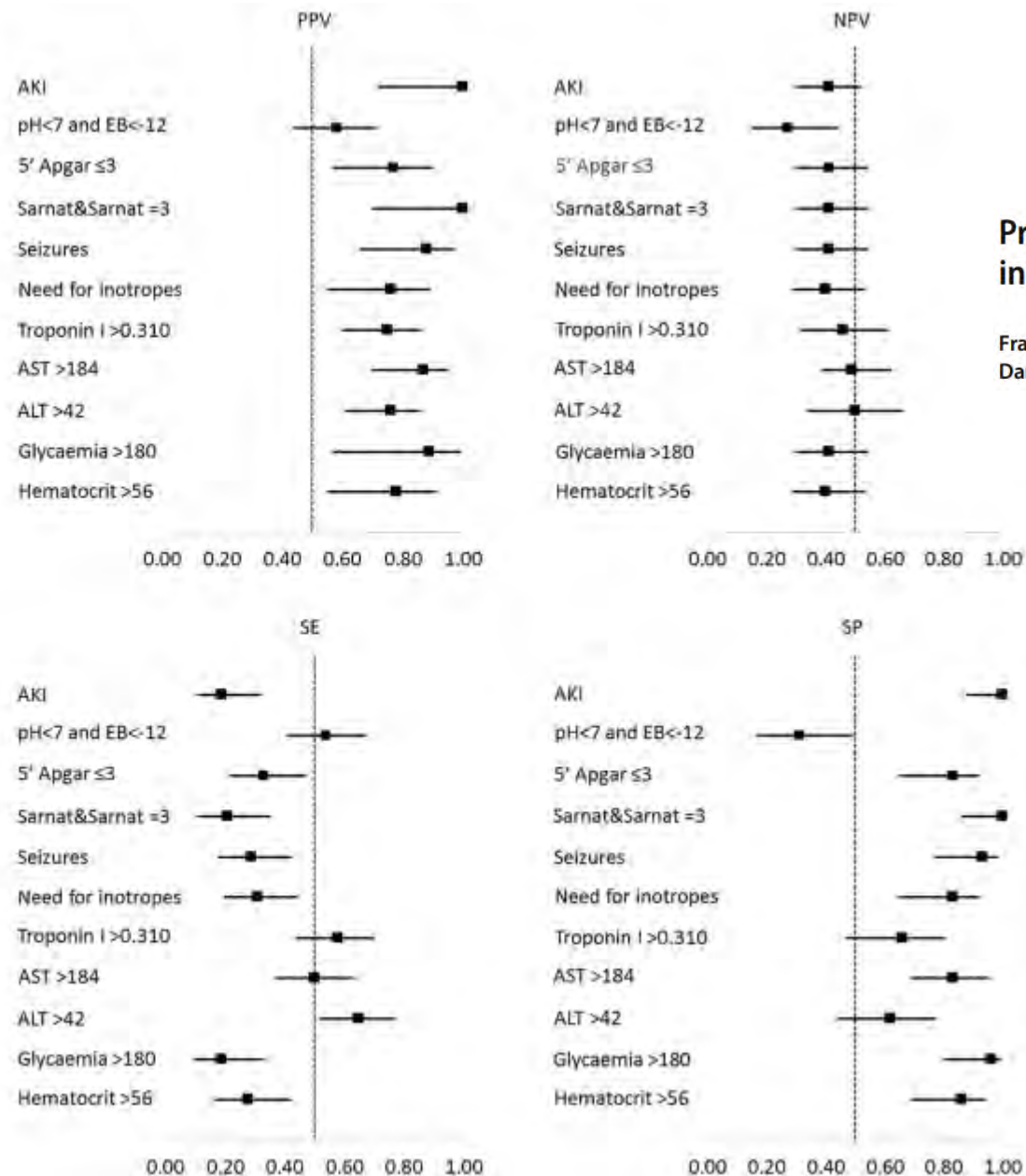
# Causes of neonatal mortality



# Multi-system Organ Injuries

|          | Vulnerability | Clinical presentation                            | Recoverability |
|----------|---------------|--------------------------------------------------|----------------|
| Brain    | ++++          | Apnea, hypoxia, encephalopathy<br>Coma, seizures | +              |
| Kidneys  | +++           | Acute renal failure                              | +++            |
| Lungs    | +++           | PPHN, ALI, ARDS                                  | ++++           |
| Liver    | ++            | Transaminase derangement, coagulopathy           | ++++           |
| Heart    | ++            | Cardiogenic shock, valvular regurgitation        | ++++           |
| Heme     | ++            | Thrombocytopenia, DIC                            | ++++           |
| Vascular | ++            | Capillary leak, sclerema                         | ++++           |
| GI tract | ++            | Feeding intolerance, NEC                         | ++++           |

**Fig. 3** Diagnostic performance (estimate with 95% CI) of AKI and other clinically relevant variables on unfavorable outcome (disability or death) at 24 months. PPV, positive predictive value; NPV, negative predictive value; SE, sensitivity; SP, specificity



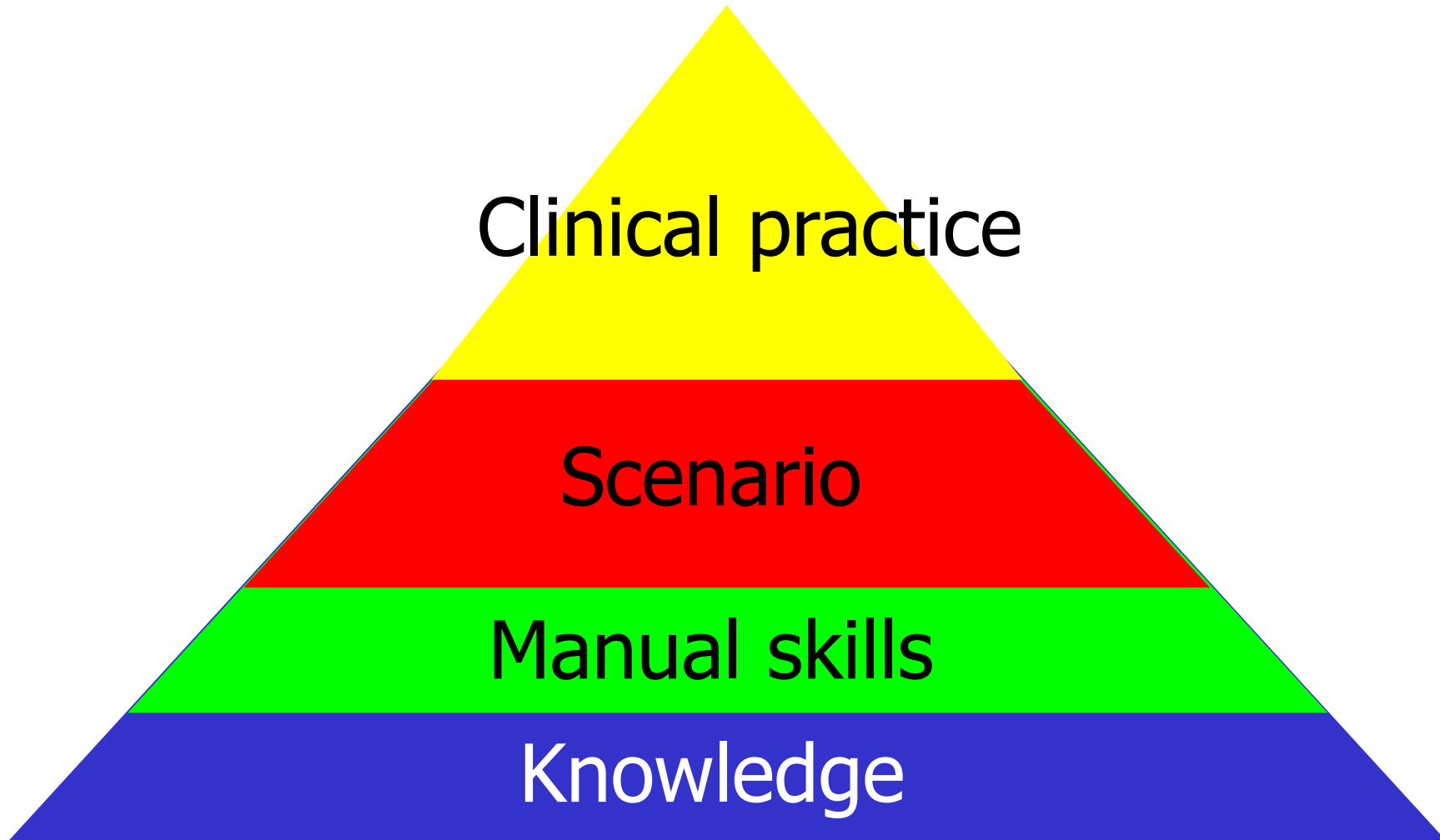
## Prognostic role of acute kidney injury on long-term outcome in infants with hypoxic-ischemic encephalopathy

Francesco Cavallin<sup>1</sup> • Giulia Rubin<sup>2</sup> • Enrico Vidal<sup>3</sup> • Elisa Cainelli<sup>4</sup> • Luca Bonadies<sup>2</sup> • Agnese Suppiej<sup>2,5</sup>  
Daniele Trevisanuto<sup>2</sup> 

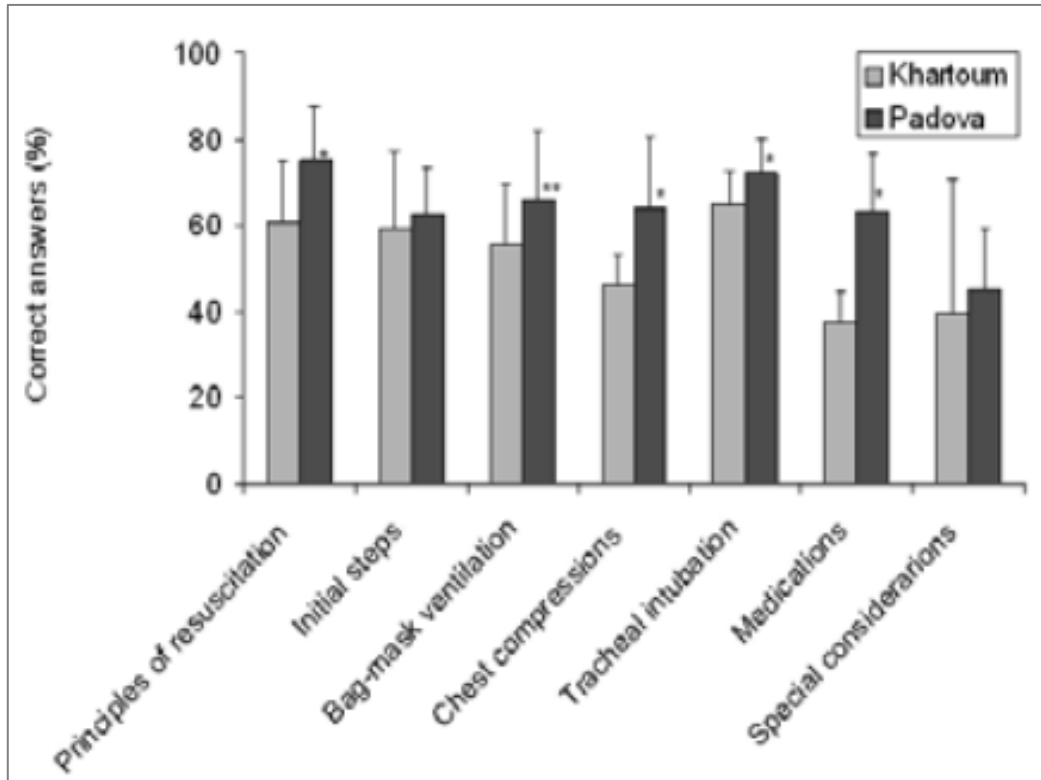


Central Beira Hospital,  
Beira, Mozambique

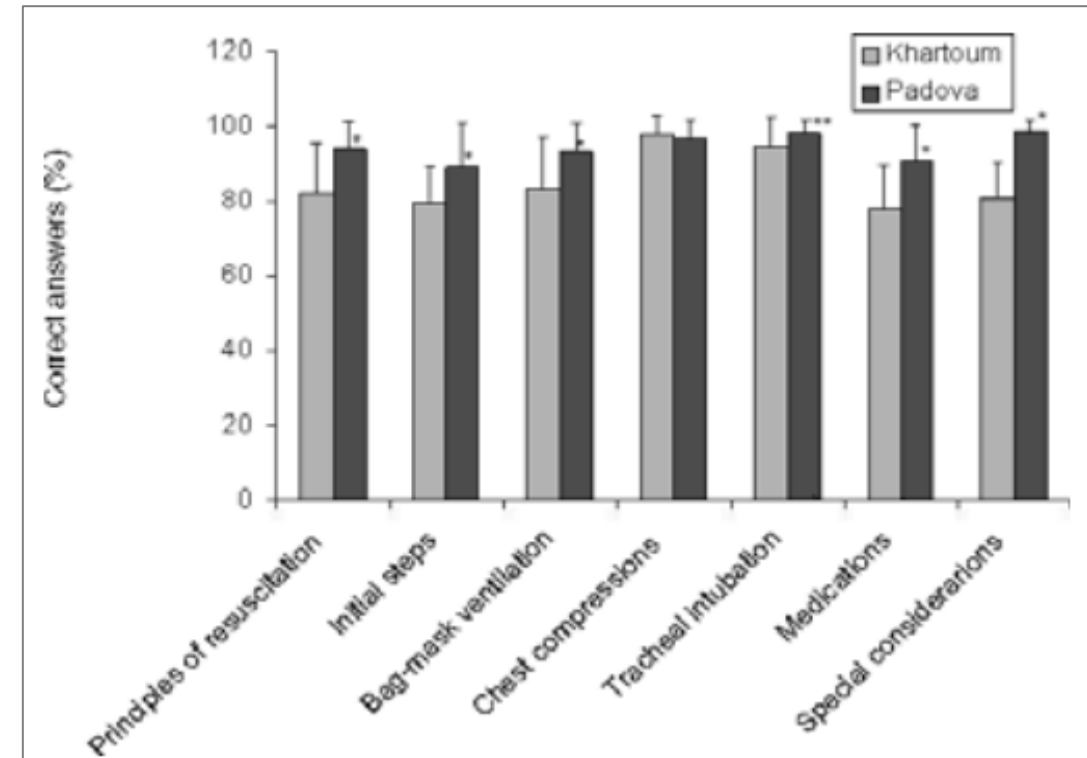
# Education



# Knowledge



Before



After



Baghdad, Iraq, March 2009

Trevisanuto D et al. J Pediatr 2010

**Table.** Percentage of items performed correctly on the performance evaluation (skills evaluation) immediately after course participation (post-test)

|                                                                                                | Carlo et al <sup>1</sup> | Trevisanuto et al |
|------------------------------------------------------------------------------------------------|--------------------------|-------------------|
| <b>Overall performance evaluation</b>                                                          | 88 (9)                   | 78 (35)           |
| <b>A. Initial steps</b>                                                                        | 87 (11)                  | 75 (21)           |
| 1. Indicates use of (universal) standard precautions                                           | 78 (42)                  | 25 (41)           |
| 2. Prepares for warming                                                                        | 98 (12)                  | 84 (33)           |
| 3. Prepares for positioning or for clearing airway                                             | 93 (26)                  | 74 (39)           |
| 4. Prepares for ventilation                                                                    | 98 (15)                  | 84 (31)           |
| 5. Prepares medications                                                                        | 72 (45)                  | 79 (35)           |
| 6. Determines need for the initial steps of resuscitation                                      | 76 (43)                  | 90 (28)           |
| 7. Places baby on preheated radiant warmer or on mother with neck slightly extended            | 90 (30)                  | 96 (18)           |
| 8. Clears mouth and nose                                                                       | 94 (23)                  | 100 (0)           |
| 9. Dries the baby                                                                              | 98 (15)                  | 71 (46)           |
| 10. Removes wet linen                                                                          | 84 (37)                  | 61 (49)           |
| 11. Slaps foot, flicks heel, or rubs back briefly                                              | 72 (45)                  | 61 (49)           |
| <b>B. Ventilation</b>                                                                          | 88 (12)                  | 83 (11)           |
| 12. Chooses correct size mask or positions the bag                                             | 92 (27)                  | 89 (31)           |
| 13. Checks the seal                                                                            | 86 (35)                  | 75 (47)           |
| 14. Positions the head and applies the face mask                                               | 96 (20)                  | 93 (26)           |
| 15. Checks for and removes secretions                                                          | 92 (27)                  | 89 (31)           |
| 16. Ventilates with mouth slightly open                                                        | 79 (41)                  | 68 (47)           |
| 17. Increases ventilation pressure                                                             | 75 (44)                  | 61 (49)           |
| 18. Ventilates 30 seconds at a rate of 40-60 times/min                                         | 87 (34)                  | 96 (18)           |
| 19. Achieves visible rise and fall of the chest                                                | 90 (30)                  | 79 (41)           |
| 20. Asks for help to administer chest compressions                                             | 94 (24)                  | 75 (44)           |
| 21. Continues positive pressure ventilation                                                    | 95 (21)                  | 82 (39)           |
| 22. Checks the heart rate by palpation or stethoscope                                          | 85 (36)                  | 93 (26)           |
| 23. Checks to ensure adequate chest movement                                                   | 87 (34)                  | 86 (36)           |
| 24. Coordinates ventilations and chest compressions appropriately                              | 81 (39)                  | 93 (26)           |
| <b>C. Chest compressions</b>                                                                   | 93 (14)                  | 71 (19)           |
| 25. Locates appropriate position on lower one-third of baby's sternum                          | 95 (21)                  | 89 (31)           |
| 26. Provides firm support for baby's back                                                      | 93 (26)                  | 79 (42)           |
| 27. Uses fingertips or ring fingers or distal portion of both thumbs                           | 94 (24)                  | 39 (50)           |
| 28. Compresses sternum approximately one-third of the anterior-posterior diameter of the chest | 92 (27)                  | 75 (44)           |
| 29. Maintains cadence of "one- and two- and three- and breathe- and..".                        | 92 (27)                  | 75 (44)           |

Data are expressed as means (SD).



## Clinical practice



1-day  
HBB course



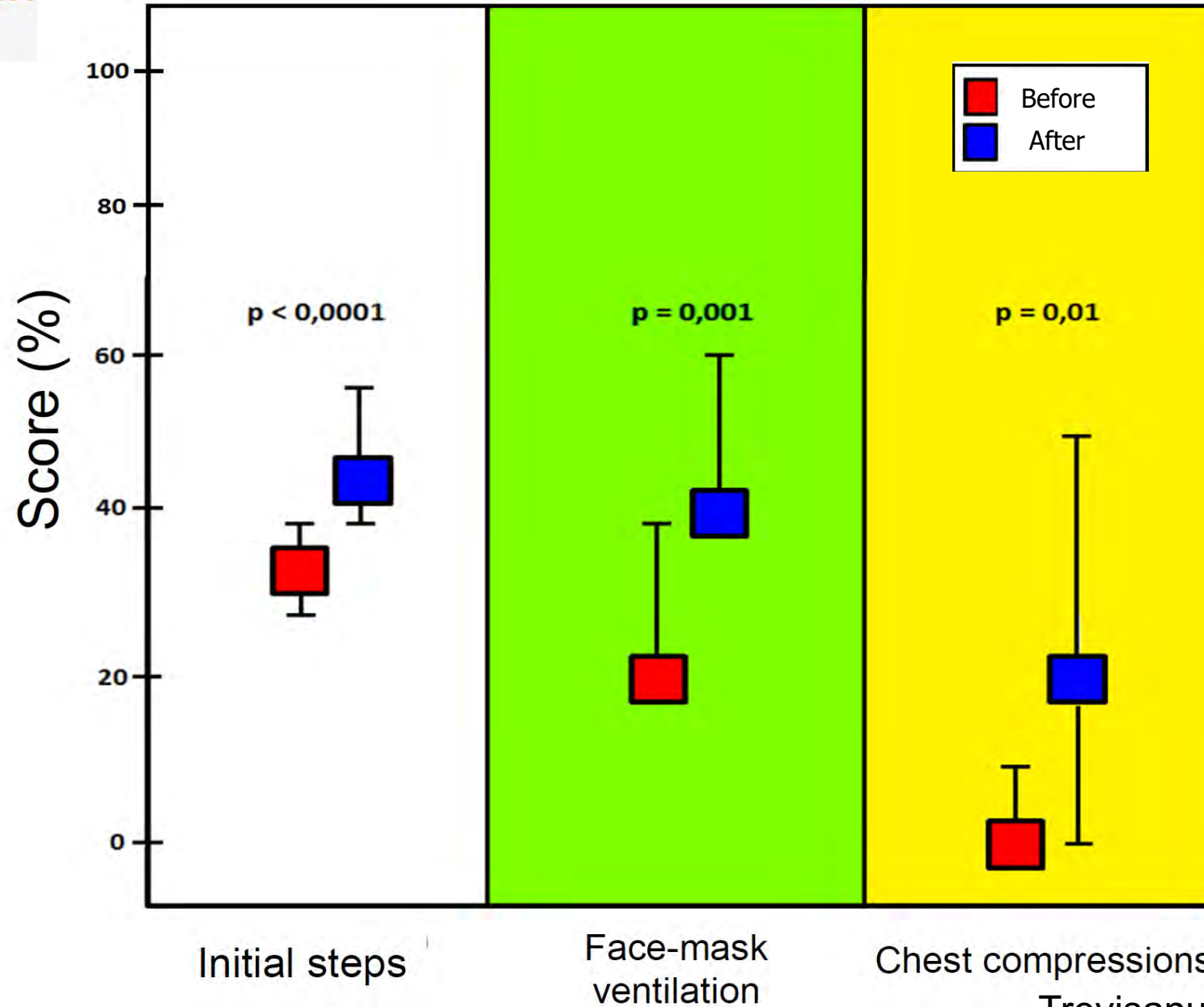
Assessment 1  
Baseline  
(50 resuscitations)



Assessment 2  
Immediately after the  
HBB course  
(50 resuscitations)



Time



1-day  
HBB course

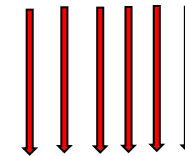


Assessment 1  
Baseline  
(50 resuscitations)



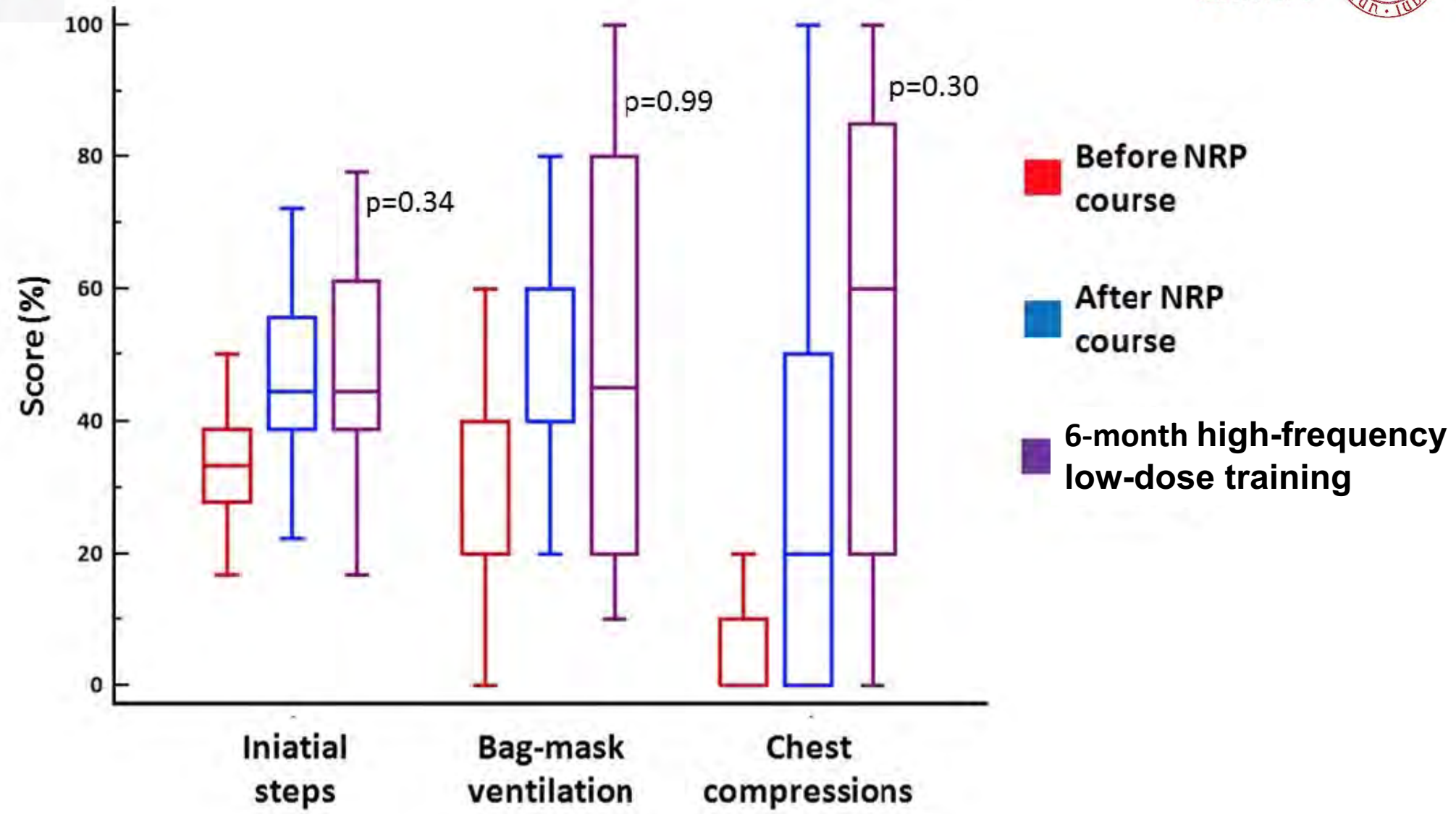
Assessment 2  
Immediately after the  
HBB course  
(50 resuscitations)

6-month  
High-frequency  
Low-dose training



Assessment 3  
after the High-frequency  
Low-dose training  
(50 resuscitations)

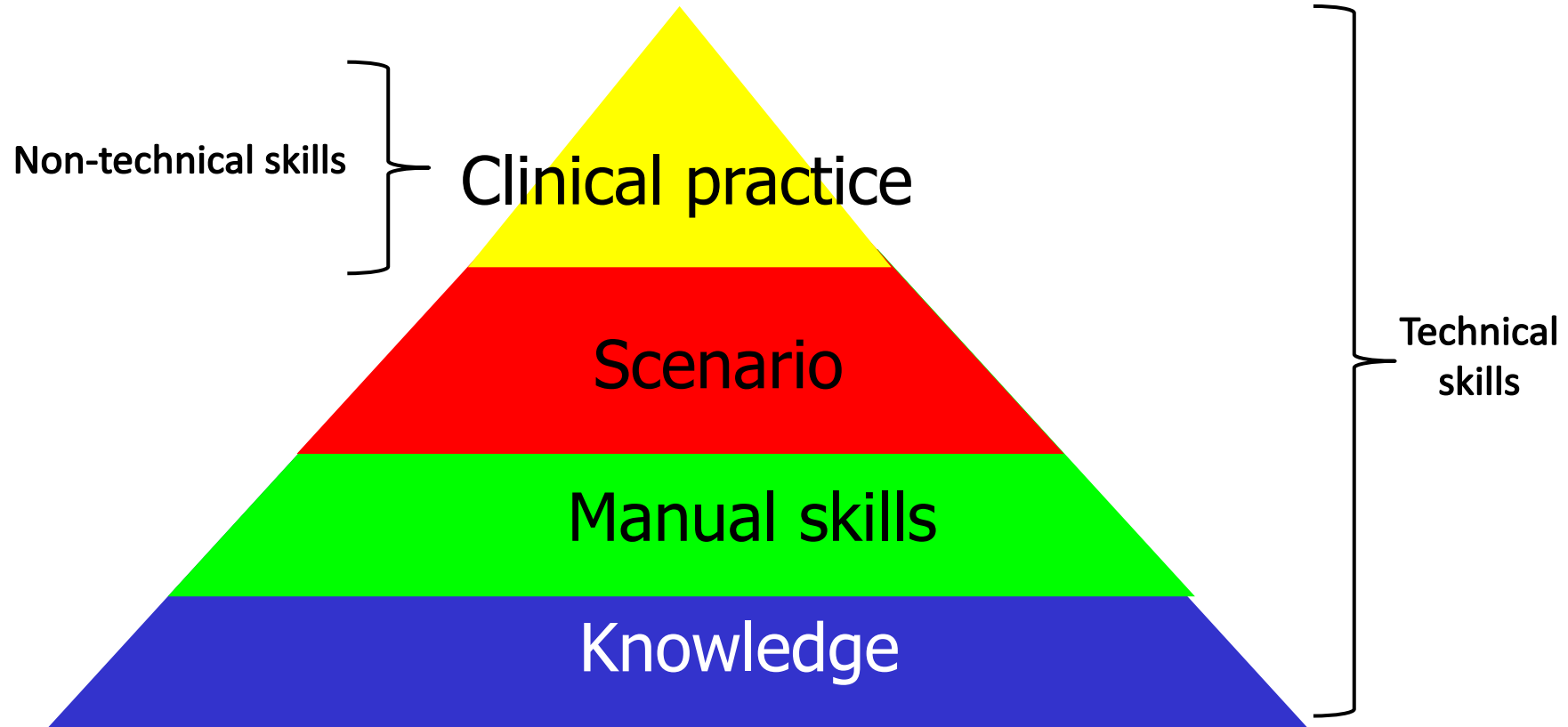
Time



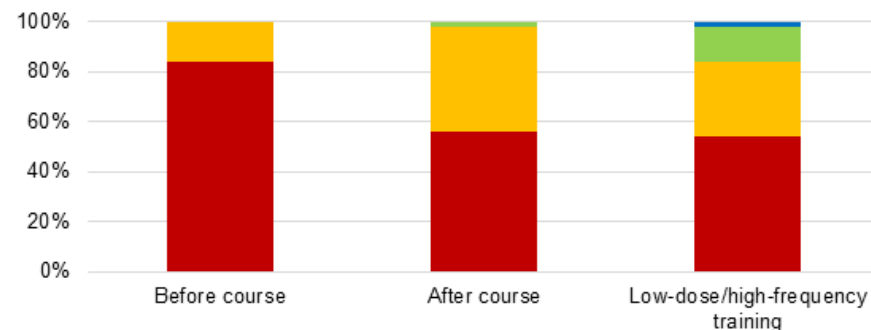


Trevisanuto D et al. PlosOne 2015  
Cavicchiolo ME et al. Neonatology 2018  
Cavicchiolo ME et al. Resuscitation 2018

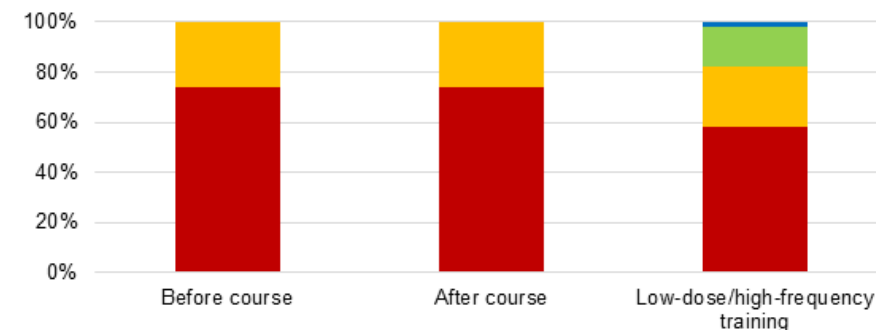
# Education



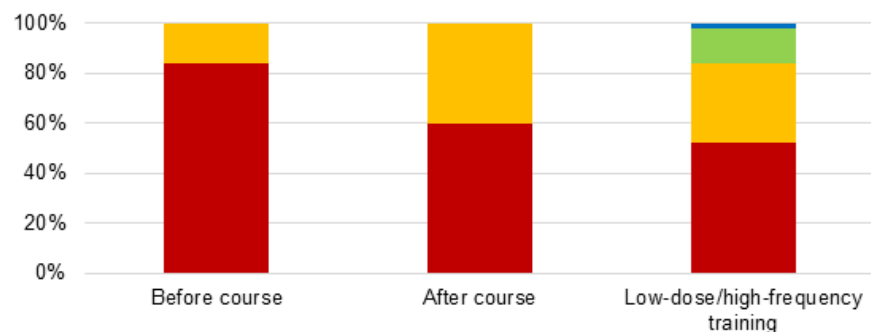
**Planning and preparing**  
( $p=0.005$ )



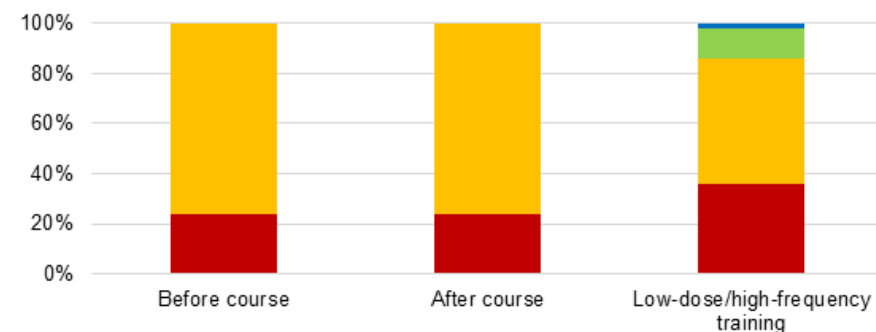
**Prioritizing**  
( $p=0.02$ )



**Providing and mantaing standards**  
( $p=0.004$ )



**Identifying and utilizing resources**  
( $p=0.02$ )



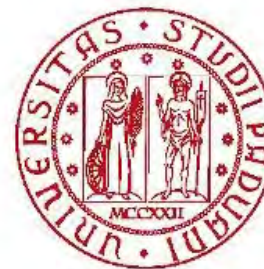
■ Poor ■ Marginal ■ Acceptable ■ Good

# Conclusions



- 2.4 million neonates die every year (99% in middle- and low-resource settings)
- 75% of these deaths can be prevented
- 3 main causes of neonatal deaths: prematurity, asphyxia and sepsis/infections
- PTB, IUGR and LBW are well-known risk factors for neurodevelopmental impairment and later-life hypertension and CKD
- Programs and interventions aiming to improve the lifestyle of pregnant women, children and adults are important opportunities to prevent renal and cardiovascular diseases
- While the goal (neonatal health!) is the same in both high- and low-resource settings, interventions should be tailored according to local needs and resources
- Family involvement and support are crucial

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Thank you!